

Switzerland: coronary and structural heart interventions from

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Abstract

2010 to 2015

In 2015, Switzerland had a population of 8.3 million inhabitants. Since the first coronary angioplasty performed by Andreas Grüntzig in Zurich in 1977, the number of percutaneous procedures has steadily increased. The aim of this report is to summarise the current state of catheter-based cardiac interventions in adults in the country and to detail trends between 2010 and 2015. Since 1987, the Working Group for Interventional Cardiology of the Swiss Society of Cardiology has collected annually aggregate data from all facilities with cardiac catheterisation laboratories in the country. In 2015, a total of 37 institutions covered 17 of the 26 Swiss cantons. Over the six-year period, there was a continuous increase in the number of coronary angiography and percutaneous coronary interventions (PCI) (median increase rate of 3.2%/ year for coronary angiography and of 2.6%/year for PCI). Notable was the adoption of the transradial approach for PCI, going from a median rate of 17% in 2012 to 51.9% in 2015. With respect to structural heart interventions, the number of patent foramen ovale as well as atrial septal defect closures has remained stable, while

the number of transcatheter aortic valve implantations and transcatheter mitral valve repairs has shown a fourfold increase.

Demographics and organisation

According to the Swiss Federal Statistical Office, in 2015 Switzerland had 8,325,194 permanent residents (http://www.bfs. admin.ch). In 2014, cardiovascular disease was the main cause of death after eighty years of age and the second one (following cancer) between 37 and 79 years of age. Overall, cardiovascular disease accounted for 24.3% (124/100,000) and 26.7% (77/100,000) of all deaths in men and women, respectively. Swiss residents have an unrestricted access to emergency care and high-quality elective medicine. Health costs are covered by the personal compulsory insurance or by employer's insurance in case of accident. Individuals who cannot afford to pay health insurance fees are subsidised by the government. Reimbursement of hospitalised patients is based on a "diagnosis-related group" classification while outpatient interventions have a dedicated reimbursement system.

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Andreas Grüntzig performed the first percutaneous coronary intervention (PCI) in 1977 in Zurich¹. In 2015, the country had 37 PCI centres covering 17 of the 26 Swiss cantons: five university hospitals, 16 non-university public hospitals and 16 private institutions. All the centres performed both diagnostic and therapeutic procedures and 17 (46%) had on-site cardiac surgery. Ten centres had an interventional cardiology training programme, based on the two-year model proposed by the European Association of Percutaneous Cardiovascular Interventions (https://www.escardio.org/static file/Escardio/Subspeciality/EAPCI/Accredit wg10 DiMario.pdf), and the accreditation of the Swiss Certificate in Interventional Cardiology by the SIWF (Schweizerische Institut für ärztliche Weiter- und Fortbildung) has been pending since 2016. The Working Group for Interventional Cardiology (www. ptca.ch) of the Swiss Society of Cardiology performs a nationwide annual survey on percutaneous cardiac procedures in adults based on aggregate data provided by each institution. Since 1987, based on a standardised questionnaire that has evolved over the years, all cardiology centres are asked to report yearly aggregate data on the number and type of procedures performed². Since 2008, data have been publicly available at the website of the Swiss Working Group for Interventional Cardiology of the Swiss Society of Cardiology (www.ptca.ch). In the latest version of the questionnaire, 62 items covered, among other, information on the infrastructures, numbers of operators, availability of on-site cardiac surgery, number of angiographies (CA) and PCI, stratified for ST-segment elevation myocardial infarction (STEMI), non-ST-segment elevation acute coronary syndromes (NSTE-ACS), cardiogenic shock or cardiac arrest and stable coronary disease (CAD). In addition, information was available on single-vessel vs. multivessel PCI, access site, specific revascularisation techniques (e.g., rotational atherectomy, recanalisation of chronic totally occluded vessels), adjunctive techniques (e.g., use of intravascular imaging, distal protection devices), and use of mechanical circulatory support. From 2014, in-hospital mortality data for PCI were gathered and stratified according to the clinical presentation (STEMI, NSTE-ACS, stable CAD and cardiac arrest/cardiogenic shock).

With respect to structural heart interventions, information was available on balloon valvuloplasties, transcatheter aortic valve implantation (TAVI), percutaneous mitral valve repair (PMVR), closure of shunts as well as of paravalvular leaks and left atrial appendage occlusion (LAAO). Limitations of this report include the fact that the survey was based on aggregate data delivered by the centres on a voluntary basis and not subjected to audit. At times, centres did not deliver complete data on all of the items requested.

Coronary interventions

Between 2010 and 2015, all of the Swiss interventional centres delivered the data (**Table 1**). The number of facilities with a cardiac catheterisation laboratory rose from 33 to 37, corresponding to a total increase in cardiac catheterisation rooms of seven (from 50 in 2011 to 57 in 2015). The number of operators performing PCI rose from 144 to 178 (23.6% increase). The number

of facilities with a cardiac surgery available on site went from 15 in 2010 to 17 in 2015, while the proportion with the totality of PCI facilities remained the same (46%). The evolution in the number of CA and PCI is shown in **Figure 1**. There was a constant increase in the number of procedures with a median increase rate of 3.2%/year (IQR: 2.1-4.2) for CA and 2.6%/year (IQR: 2.3-5.3) for PCI. A Pearson product-moment correlation was run to assess the relationship between CA and PCI adjusted for 100,000 inhabitants and studied years. There was a strong positive correlation between years and CA, r(4)=0.977, p<0.001, and between years and PCI, r(4)=0.963, p=0.002. The ratio of PCI to CA remained virtually the same over the years (0.47 in 2010 and 0.48 in 2015).

Over the years, the majority of PCI were single-vessel interventions, accounting for a median annual rate of 78% (IQR: 78.4-80.8). The total number of stents deployed increased by 36.9% over six years. Drug-eluting stents accounted for 79% of all stents implanted in 2010 and for 94% of them in 2015. The corresponding decrease in the use of bare metal stents (BMS) was significant, going from 3,614 in 2011 to 456 in 2015. There was a more than fourfold increase in the implantation of a bioresorbable vascular scaffold (BVS) (from 166 in 2012 to 718 in 2015), though the overall penetration of the device remained marginal (3.1% of deployed stents in 2015). Self-expanding coronary stents were also niche devices (1.1% of all stents implanted in 2015).

Concerning PCI for ACS, those accounted for over half of all PCI performed. Of note, the proportion of primary PCI for STEMI among all PCI slightly decreased, from 41.9% in 2011 to 38.7% in 2015. Similarly, the rate of PCI for NSTE-ACS went from 22.9% to 20.8%. The rate of PCI for cardiogenic shock or cardiac arrest remained stable, from 2.0% in 2010 to 2.1% in 2015. The use of an intra-aortic balloon pump showed an almost threefold decrease from 2.4% of all PCI in 2010 to 0.9% in 2015, whereas other

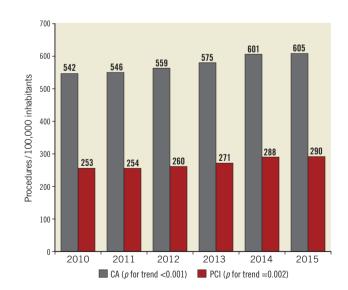


Figure 1. Coronary angiography (CA) and percutaneous coronary interventions (PCI), adjusted for 100,000 inhabitants, performed in Switzerland between 2010 and 2015.

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Table 1. Characteristics of percutaneous coronary interventions, dedicated centres and operators in Switzerland from 2010 to 2015.

	2010	2011	2012	2013	2014	2015	
Swiss inhabitants, n	7,870,134	7,954,662	8,039,060	8,139,631	8,237,666	8,327,126	
Facilities				, ,	, ,	<i>x v</i>	
Facilities with cathlab, n	33	33	35	36	37	37	
PCI [¶] operators, n	144	147	165	174+	167	178+	
PCI per centre, n, median (IQR ⁺)	498 (274-981)	498 (248-949)	504 (264-1,011)	494 (296-1,040)	481 (305-932)	505 (253-964)	
PCI per operator, n, median (IQR)	138∞	136 (71-151)	127 (86-158)	120 (68-165)	147 (87-208) [≈]	146 (61-191)+	
On-site cardiac surgery, n (%)	15 (52%)	15# (52%)	15 (48%)	15 (45.5%)	18 (48.6%)	17 (46%)√	
Coronary angiography							
CA [±] (total), n (n /100,000 inhabitants)	42,648 (542)	43,447 (546)	44,920 (559)	46,786 (575)	49,497 (601)	50,407 (605)	
Annual increase of CA, %	+2.5	+1.9	+3.4	+4.2	+5.8	+1.8	
TRA≠ for CA, n (%)	n.a.º	6,865 (15.8)	6,960 (15.5)	14,504 (31.0) [∞]	15,788 (31.9)	21,024 (41.7)	
Annual increase of TRA for CA, %	n.a.	n.a.	+1.4	+108.4	+8.9	+33.2	
TRA for CA for centre, % median (IQR) ^{&}	n.a.	20.4 (2.6-45.4)	23.5 (5.8-48.3)	23.5 (11.8-51.3)	35.0 (18.4-59.2)	40.0 (31.2-64.4)	
Percutaneous coronary interventions	ind.	2011(2:0 10:1)	20.0 (0.0 10.0)	20.0 (11.0 01.0)	00.0 (10.1 00.2)	10.0 (01.2 01.1)	
PCI (total), n (n /100.000 inhabitants)	19,925 (253)	20,189 (254)	20,919 (260)	22,030 (271)	23,711 (288)	24,158 (290)	
Annual increase of PCI, %	+4.7	+2.3	+2.6	+5.3	+7.6	+1.9	
TRA for PCI. n	n.a.	n.a.	5,857 (28)∆	7,050 (32.0)	7,823 (33.0)	9,857 (40.8)∆	
Annual increase of TRA for PCI, %	n.a.	n.a.	n.a.	+20.4	+11	+26	
TRA for PCI for centre, % median (IQR)	n.a.	n.a.	17 (9-44.5) [∆]	25 (10-50.5)	36.2 (24.6-65.2)	51.9 (30.2-74.5)△	
PCI/CA ratio	0.47	0.46	0.47	0.47	0.48	0.48	
PCI for NSTE-ACS, n (% of total PCI)	n.a.	4,628 (22.9)‡	3,765 (18.0) [∞]	4,406 (20.0) [∞]	4,618 (19.5) [¥]	5,032 (20.8)	
PCI for STEMI, n/100,000 inhabitants	50.6	45.8	39.0	37.9	41.2	45.9	
PCI for STEMI, n (% of total PCI)	3,985 (20.0) [∞]	3,639 (18.0)‡	3,138 (15.0) [∞]	3,084 (14.0) [∞]	3,393 (14.3) [¥]	3,825 (15.8)√	
Annual evolution of PCI for STEMI, %	n.a.	-8.7	-13.8	-1.72	+10.0	+12.7	
PCI for CS $^{\mu}$ /CRA ^{α} , n (% of total PCI)	399 (2.0) [∞]	266 (1.3) ²	209 (1.0) [∞]	220 (1.0) [∞]	450 (1.9) [*]	497 (2.1)+	
Single-vessel PCI, n	15,342 °	n.a.	16.317	17,404 [∞]	14,245 [°]	16,038&	
Single-vessel PCI, % median (IQR) of PCI	n.a.	n.a.	83 (73.5-87)∆	79 (70.8-85) ^a	80.8 (67.8-83.9) ^a	78.4 (63.6-85.8)&	
Multivessel PCI, n	6,575װ	n.a.	3,975 ^{∆∞}	3,855 [∞]	4,591 [∂]	5,378	
Multivessel PCI, % median (IQR) of PCI	n.a.	n.a.	16 (11-23)△	17.5 (11.5-24.3) ^a	18.77 (11-40.9) [∂]	19.2 (10.8-31.6)&	
PCI in CTO ⁺ , n (% of total PCI)	n.a.	579 (2.9)	764 (3.7)	754 (3.4)	736 (3.1)	984 (4.1)	
Characteristics of stents			,		,		
Stents implanted, n (n /100,000 inhabitants)	n.a.	17,050‡(214)	21,205 (264)	22,756 (280)	22,894 (278)	23,341 (280)	
DES ¹ , n (% of total stents)	n.a. (79.0)	13,436 [‡] (78.8)	18,409 (86.8)	20,268 (89.0)	20,707 (91.0)	21,913 (93.9)	
BMS ² , n (% of total stents)	n.a.	3,614 [±] (21.2)	2,510 (11.8)	1,762 (7.7)	1,041 (4.5)	456 (2.0)	
BVS ³ , n (% of total stents)	n.a.	n.a.	166 (0.8)	597 (2.6)	982 (4.3)	718 (3.1)	
Self-expanding stents ⁴ , n (% of stents)	n.a.	n.a.	120 (0.6)	129 (0.6)	161 (0.7)	246 (1.1)	
Adjunctive techniques						()	
IVUS ^π , n (% of PCI)	917 (4.6)	715 (3.5)	401 (1.9)	342 (1.6)	271 (1.1)	288 (1.2)	
OCT ⁰ , n (% of PCI)	n.a.	169 (0.8)	169 (0.8)	198 (0.9)	n.a.	326 (1.3)	
Pressure measurements for FFR ⁻ , n (% of PCI)	1,136 (5.7)	1,423 (7.1)	1,638 (7.8)	1,855 (8.4)	2,273 (9.6)	2,369 (9.8)	
Total rotational atherectomy, n (% of PCI)	95 (0.5)	129 (0.6)	113 (0.5)	170 (0.8)	231 (1.0)	227 (0.9)	
Distal protection device, n (% of PCI)	319° (1.6)	n.a.	n.a.	16 (0.1)	127≈ (0.5)	131 (0.5)	
Haemodynamic support	010 (1.0)	n.u.	n.a.	10 (0.1)	1277 (0.0)	101 (0.0)	
Intra-aortic balloon pump, n (%)	480 (2.4)	467 (2.3)	429 (2.1)	287 (1.3)	265 (1.1)	207 (0.9)	
Other haemodynamic support devices*, n (%)	67 (0.3)	89 (0.4)	56 (0.3)	85 (0.4)	141 (0.6)	164 (0.7)	
the report data from 2 contractin 2012 and 2 contractin 2015 the area	07 (0.3)	03 (0.4)	50 (0.5)	03 (0.4)	141 (0.0)	104 (0.7)	

*No report data from 2 centres in 2013 and 3 centres in 2015. *n.a.: not available. *IQR: interquartile range. [∞]Data derived from the total number of cases in Switzerland in this year, not from each centre calculation. [≈]No report data from 1 centre in 2014. *No report data from 4 centres in 2011. √No report data from 2 centres in 2015. *CA: cardiac arrest. [≠]TRA: transradial approach. [&]No report data from 5 centres in 2011, 3 centres in 2012, 4 centres in 2013, 2 centres in 2014 and 1 centre in 2015. *PCI: percutaneous coronary intervention. ^ANo report data from 4 centres in 2012 and from 4 centres in 2011. [§] No report data from 1 university centre in 2011. ^NNo report data from 5 centres in 2011. [§] No report data from 1 university centre in 2011. [§] No report data from 5 centres in 2014. [§] No report data from 1 university centre in 2010. [§] No report data from 5 centres in 2014. [§] No report data from 1 centre in 2010. [§] No report data from 3 centres in 2014. [§] CS: cardiogenic shock. [°]CRA: cardiorespiratory arrest. [‡] No report data from 1 centre in 2010. [§] No report data from 3 centres in 2014. [§] CS: cardiogenic shock. [°]CRA: cardiorespiratory arrest. [‡] No report data from 1 centre in 2010. [§] No report data from 3 centres in 2014. [§] CTO: chronic total occlusion. [®] No report data from 5 centres in 2013. ¹DES: drug-eluting stent. [§] BMS: bare metal stent. [§] BMS: bioresorbable stent. ⁴ intended DES or BMS. [¶]IVUS: intravascular ultrasound. [®]OCT: optical coherence tomography. [~]FFR: fractional flow reserve. [§] Other haemodynamic support devices defined as the ImpellaTM device, veno-arterial extracorporeal membrane oxygenation or other left ventricular assistance devices. NSTE-ACS: non-ST-elevation acute coronary syndrome.

haemodynamic support devices such as the Impella[™] (Abiomed, Danvers, MA, USA) or extracorporeal membrane oxygenation were increasingly used (from 0.3% in 2011 to 0.7% in 2015).

In-hospital mortality data after PCI have been collected since 2014. The mean overall in-hospital mortality after PCI was 1.1% in 2014 and 0.9% in 2015; the mortality after PCI for stable CAD was 0.1% in 2014 and 0.2% in 2015; after PCI for NSTE-ACS it was 1.0% in 2014 and 3.6% in 2015, after PCI for STEMI it was 3.6% in 2014 and 3.6% in 2015; and the mortality after PCI for cardiogenic shock or cardiac arrest was 34.3% in 2014 and 28.4% in 2015.

Concerning the vascular access, as recently recommended by guidelines³, Swiss interventional cardiologists increasingly adopted the transradial approach (TRA) as default vascular access over the last six years. In particular, the yearly median percentage of TRA for CA doubled from 20.4% (IQR: 2.6-45.4) in 2011 to 40% (IQR: 31.2-64.4) in 2015. Even more impressive was the adoption of TRA for PCI (from a median rate of 17% [IQR: 9-44.5] in 2012 to 51.9% [IQR: 30.2-74.5] in 2015).

Concerning the adjunctive techniques and niche coronary interventions, over the studied period there was an increased use of intracoronary optical coherence tomography (OCT) (from 0.8% of all PCI in 2011 to 1.3% in 2015) and haemodynamic stenosis evaluation with fractional flow reserve (FFR) (from 5.7% in 2010 to 9.8% in 2015), while the number of intravascular ultrasound investigations decreased from 4.6% to 1.2% of all PCI. An increase in chronic total occlusion (CTO) recanalisation procedures was observed (from 2.9% of all PCI in 2011 to 4.1% in 2015), while rotational artherectomy remained a niche procedure (0.5%)in 2010 and 0.9% in 2015). In summary, in the coronary field we observed a constant increase in CA and PCI procedures with a stable proportion between the two (roughly 2:1); a marked increase in TRA for CA as well as PCI, and the almost exclusive use of DES. Bioresorbable scaffolds, self-expanding stents, rotational atherectomy and OCT remained niche devices. Haemodynamic stenosis evaluation with FFR was limited to less than 10% of all PCI. CTO recanalisation procedure had a major proportional increase but remained confined to less than 5% of all PCI. Mortality data for PCI were available for 2014 and 2015 and the overall event rate was roughly 1%, ranging from <0.2% for stable CAD to approximately 30% for cardiogenic shock or cardiac arrest.

Structural heart interventions

Nine years after its first introduction in Switzerland (2007), TAVI had continued to increase by a factor of nearly 4 in 2015 compared with 2010 (from 382 procedures performed in 11 centres in 2010 to 1,035 in 15 centres in 2015) **(Table 2)**, with a yearly

Table 2. Characteristics of structural heart interventions in Switzerland from 2010 to 2015.

	2010	2011	2012	2013	2014	2015
Swiss inhabitants, n	7,870,134	7,954,662	8,039,060	8,139,631	8,237,666	8,327,126
Procedures on aortic valve						
Isolated aortic balloon valvuloplasty, n	48	n.a.	41	32≈	35	29+
TAVI [#] , n (n/100,000 inhabitants)	382 (4.9)	501 (6.3)	650 (8.1)	781 (9.6)	1,009 (12.3)	1,305 (15.7)
Centres performing TAVI, n	11	13	12	16	16	15
Annual increase of TAVI procedure, %	+118	+31.2	+29.7	+20.2	+29.2	+40.4
Transfemoral TAVI, n (%)	298 (78.0)	315 (62.9)	401 (61.7)	610 (78.1)	959 (95.1)	1,096 (84.0)
Cerebral embolic protection during TAVI, n (%)	n.a.	n.a.	15 [△] (2.3)	16 [≈] (2.1)	7 (0.7)	35 (2.7)
Procedures on mitral valve						
Mitral balloon valvuloplasty, n	48	43	30	37	160	29
TMVR [≠] , n (n/100,000 inhabitants)	67 (0.9)	72 (0.9)	122 (1.5)	135 (1.7)	230 (2.8)	263 (3.2)
Centres performing TMVR, n	4	6	7	9	11	15
Annual increase of TMVR procedure, %	+103	+7.5	+69.4	+10.7	+70.4	+14.8
Other non-coronary procedures						
PFO ^µ closure (adults), n (n/100,000 inhabitants)	733 (9.3)	629 (7.9)	649 (8.1)	624 (7.7)	607 (7.4)	659 (7.9)
LAA ^a closure (adults), n (n/100,000 inhabitants)	n.a.	117 (1.5)	179 (2.2)	278 (3.4)	336 (4.1)	392 (4.7)
ASD ^g closure (adults), n (n/100,000 inhabitants)	142 (1.8)	117 (1.5)	130 (1.6)	107 (1.3)	115 (1.4)	97 (1.2)
TASH*, n	37	41	30	33	31	39
Paravalvular leak closure, n	n.a.	10	19	15	37	39
VSD [§] closure (adults), n	n.a.	11	5	6	3	8

Numbers of procedures for 100,000 inhabitants are shown for procedures realised more than 100 times a year countrywide. [≈]No data reporting from 1 centre in 2013. ⁺No data reporting from 1 centre in 2015. ^ΔNo data reporting from 1 centre in 2012. [#]TAVI: transcatheter aortic valve implantation. ⁰No data reporting from 3 centres in 2014. [#]TMVR: transcatheter mitral valve repair (this term refers exclusively to the MitraClip™ device; Abbott Vascular, Santa Clara, CA, USA). ^µPFO: patent foramen ovale. [∂]LAA: left atrial appendage. ^gASD: atrial septal defect. *TASH: transcatheter alcohol ablation of septal hypertrophy. [§]VSD: ventricular septal defect. n.a.: not available

median increase rate of 29.7% (IOR: 29.2-31.2). Seven years after its introduction (2009), TMVR (this term refers in our data collection exclusively to the MitraClip[™] device; Abbott Vascular, Santa Clara, CA, USA) procedure had a fourfold increase in 2015 compared with 2010 (from 67 cases in four centres in 2010 to 263 cases in 11 centres in 2015). Detailed information on TAVI and TMVR procedures performed in Switzerland can be found in the Swiss TAVI⁴ and MitraSwiss⁵ registries. A Pearson productmoment correlation was run to assess the relationship between TAVI, TMVR as well as patent foramen ovale (PFO) and atrial septal defect (ASD) closures and LAAO, all adjusted to 100,000 inhabitants and studied years. There was a strong positive correlation between years and TAVI, r(4)=0.984, p<0.001; between years and TMVR, r(4)=0.962, p=0.002; and between years and LAAO, r(4)=0.993, p<0.001; while there was a negative trend in the correlation between years and PFO and ASD closure, r(4) = -0.798, p=0.06 (Figure 2).

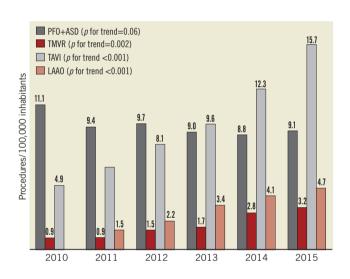


Figure 2. Principal structural heart interventions, adjusted for 100,000 inhabitants, performed in Switzerland between 2010 and 2015. ASD: atrial septal defect closure; LAAO: left atrial appendage occlusion; PFO: patent foramen ovale closure; TMVR: transcatheter mitral valve repair

We noted an increase in LAAO, with a threefold increase in five years (from 117 in 2011 to 392 in 2015) and a fourfold increase of paravalvular leak closure (from 10 in 2011 to 39 in 2015), although both remained niche procedures in terms of total numbers. The number of PFO and atrial ASD closures remained roughly stable over the years, with 733 PFO closures in 2010 and 659 in 2015; the corresponding numbers for ASD closures were 142 and 97. Percutaneous septal ablation was performed in less than 40 cases a year. In summary, in the structural heart intervention arena, we observed a fourfold increase in TAVI as well as PMVR procedures. More details can be found in the two running national registries (Swiss TAVI and MitraSwiss)^{4,5}. Despite the remarkable proportional increase in LAAO procedures, the overall number remains limited.

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Conflict of interest statement

The authors have no conflicts of interest to declare.

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