

Title: Coronary Chronic Total Occlusions Represent an Independent Predictor of Mortality in Ventricular Tachyarrhythmias.

Authors: Michael Behnes, M.D; Ibrahim Akin, M.D; Philipp Kuche, M.D; Tobias Schupp, MS; Linda Reiser, MS; Armin Bollow, MS; Gabriel Taton, MS; Thomas Reichelt, MS; Dominik Ellguth, M.D; Niko Engelke, MS; Ibrahim-El-Battrawy, M.D; Siegfried Lang, PhD; Emmanouil S. Brilakis, M.D, PhD; Lorenzo Azzalini, M.D, PhD, MSc; Alfredo R. Galassi, M.D; Marouane Boukris, M.D; Hans Neuser, M.D; Franz-Joseph Neumann, M.D; Christoph A. Nienaber, M.D; Christel Weiß, PhD; Martin Borggrefe, M.D; Kambis Mashayekhi, M.D

DOI: 10.4244/EIJ-D-18-00496

Citation: Behnes M, Akin I, Kuche P, Schupp T, Reiser L, Bollow A, Taton G, Reichelt T, Ellguth D, Engelke N, El-Battrawy I, Lang S, Brilakis ES, Azzalini L, Galassi LR, Boukris M, Neuser H, Neumann F, Nienaber CA, Weiß C, Borggrefe M, Mashayekhi K. Coronary Chronic Total Occlusions Represent an Independent Predictor of Mortality in Ventricular Tachyarrhythmias. *EuroIntervention* 2019; Jaa-511 2019, doi: 10.4244/EIJ-D-18-00496

Manuscript submission date: 03 May 2018

Revisions received: 06 November 2018, 04 January 2019, 07 January 2019

Accepted date: 17 January 2019

Online publication date: 22 January 2019

Disclaimer: This is a PDF file of a "Just accepted article". This PDF has been published online early without copy editing/typesetting as a service to the Journal's readership (having early access to this data). Copy editing/typesetting will commence shortly. Unforeseen errors may arise during the proofing process and as such Europa Digital & Publishing exercise their legal rights concerning these potential circumstances.

Coronary Chronic Total Occlusions Represent an Independent Predictor of Mortality in Ventricular Tachyarrhythmias

Michael Behnes MD¹; Ibrahim Akin MD¹; Philipp Kuche MD¹; Tobias Schupp MS¹; Linda Reiser MS¹; Armin Bollow MS¹; Gabriel Taton MS¹; Thomas Reichelt MS¹; Dominik Ellguth MD¹; Niko Engelke MS¹; Ibrahim-El-Battrawy, MD¹; Siegfried Lang PhD¹; Emmanouil S. Brilakis MD, PhD²; Lorenzo Azzalini MD PhD MSc³; Alfredo R. Galassi MD⁴; Marouane Boukris MD⁵; Hans Neuser MD⁶; Franz-Joseph Neumann MD⁹; Christoph A. Nienaber MD⁷; Christel Weiß PhD⁸; Martin Borggrefe MD¹; Kambis Mashayekhi MD⁹.

¹First Department of Medicine, University Medical Centre Mannheim (UMM), Faculty of Medicine Mannheim, University of Heidelberg, European Center for AngioScience (ECAS), and DZHK (German Center for Cardiovascular Research) partner site Heidelberg/Mannheim, Mannheim, Germany.

²Minneapolis Heart Institute, Minneapolis, Minnesota, USA.

³Interventional Cardiology Unit, Cardio-Thoracic-Vascular Department, San Raffaele Scientific Institute, Milan, Italy.

⁴Department of Experimental and Clinical Medicine, University of Catania, Catania, Italy.

⁵Cardiology Department, Abderrahmen Mami Hospital, Ariana, Faculty of Medicine of Tunis, University of Tunis El Manar, Tunis, Tunisia.

⁶Helios Klinikum Plauen, Klinik für Innere Medizin II, Plauen, Germany.

⁷Royal Brompton and Harefield Hospitals, NHS, London, United Kingdom.

⁸Institute of Biomathematics and Medical Statistics, University Medical Center Mannheim (UMM), Faculty of Medicine Mannheim, Heidelberg University, Mannheim, Germany.

⁹Department of Cardiology and Angiology II, University Heart Center Freiburg • Bad Krozingen, Bad Krozingen, Germany.

Supported by the DZHK (Deutsches Zentrum fuer Herz-Kreislauf-Forschung - German Centre for Cardiovascular Research).

No conflict of interest for all authors

Key words: miscellaneous, chronic coronary total occlusion, death, risk stratification.

Word count: 3800

Brief Title: CTO in ventricular tachyarrhythmias

Corresponding author: Prof. Dr. med. Ibrahim Akin, First Department of Medicine, University Medical Center Mannheim (UMM), Theodor-Kutzer-Ufer 1-3, 68167 Mannheim, Germany. Phone: (+49) 621 383 5229; fax: (+49) 621 383 2012. E-mail: ibrahim.akin@umm.de.

Abstract

Aims: This study sought to assess the prognostic impact of coronary chronic total occlusions (CTO) in patients presenting with ventricular tachyarrhythmias on admission.

Methods and results: A large retrospective registry was used including all consecutive patients presenting with ventricular tachyarrhythmias on admission and undergoing coronary angiography from 2002 to 2016. Patients with a CTO were compared with all other patients (non-CTO) for prognostic outcomes. Statistics comprised Kaplan Meier and Cox regression analyses.

Within a total of 1,461 included consecutive patients with ventricular tachyarrhythmias on admission, a CTO was present in 20%. At mid-term follow-up of 18 months, the primary endpoint all-cause mortality had occurred in 46% of CTO patients compared to 27% of non-CTO patients (HR = 1.563; 95% CI 1.263 – 1.934; p=0.001). The rates of secondary endpoints were higher for in-hospital all-cause mortality at index (29% versus 20%, log rank p=0.027) and the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies at mid-term follow-up (28% versus 20%; log rank p=0.005). Mortality rates were highest in CTO patients with stable CAD, acute myocardial infarction and in patients surviving index hospitalization.

Conclusion: In patients presenting with ventricular tachyarrhythmias on admission, the presence of a coronary CTO is independently associated with an increase of mid-term all-cause mortality, in hospital all-cause mortality and the composite endpoint of early cardiac death, recurrent ventricular tachyarrhythmias and appropriate ICD therapies.

Condensed abstract

This study retrospectively examined the prognostic impact of coronary chronic total occlusions (CTO) on survival in 1,461 patients admitted with ventricular tachyarrhythmias. The presence of a coronary CTO was independently associated with higher mid-term all-cause (HR=1.563; 95% CI 1.263–1.934; p=0.001), index in-hospital all-cause mortality (29% versus 20%, log rank p=0.027) and the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies at mid-term follow-up (28% versus 20%; log rank p=0.005).

Copyright EuroIntervention

Abbreviations

ACE, angiotensin converting enzyme.

AMI, acute myocardial infarction.

ARB, angiotensin receptor blocker.

AVRD, arrhythmogenic right ventricular dysplasia.

CAD, coronary artery disease.

CCM, cardiac contractility modulation.

CPU, chest pain unit.

CRT-D, cardiac resynchronization therapy with defibrillator.

cMRI, cardiac magnetic resonance imaging.

CABG, coronary artery bypass grafting.

CPR, cardiopulmonary resuscitation.

CTO, chronic total occlusion.

CX, left circumflex.

ECG, electrocardiogram.

HR, hazard ratio.

ICD, implanted cardioverter defibrillator.

ICU, intensive care unit.

IQR, interquartile range.

J-CTO, Japanese CTO-score.

LVEF, left ventricular ejection fraction.

MVD, multi-vessel disease.

PCI, percutaneous coronary intervention.

RCA, right coronary artery.

SCA, sudden cardiac arrest.

SCD, sudden cardiac death.

SEM, standard error of mean.

NSTEMI/STEMI, (non-) ST segment elevation myocardial infarction.

s-ICD, subcutaneous ICD.

UMM, University Medical Centre Mannheim.

VF, ventricular fibrillation.

VT, ventricular tachycardia.

Introduction

In up to 80% of patients ventricular tachyarrhythmias and sudden cardiac death (SCD) are caused by acute myocardial infarction (AMI) and associated with known or undiagnosed coronary artery disease (CAD) and its complications. About half of cardiac deaths after AMI are related to ventricular tachyarrhythmias, such as ventricular tachycardia (VT) or fibrillation (VF).¹ The concept that ventricular tachyarrhythmias or SCD are potentially the corollary of risk of coronary chronic total occlusion (CTO) has only been looked at in few clinical studies.²⁻⁵ However, these studies evaluated the role of CTO on ventricular tachyarrhythmias and SCD in preselected and different populations, such as ischemic cardiomyopathy, out-of-hospital cardiac arrest survivors and patients with an implanted cardioverter defibrillator (ICD).^{4, 6, 7} CTOs are seen in about 18.4% of patients undergoing coronary angiography and may be linked to previous AMI or progressive CAD.⁸ CTO may either induce acute myocardial ischemia, varying post-AMI myocardial scarring, as well as peri-infarct changes including hibernating myocardium supplied by developing collateral connections, or adverse remodeling with myocardial dilation and dysfunction.⁹ These patho-anatomic changes within the border zones may sustain an abnormal myocardial electrical milieu, which is characterized by slow inhomogeneous activation, ventricular repolarization heterogeneity and ectopic activity facilitating the development of ventricular tachyarrhythmias and consecutive cardiac death. Evaluation of the association of CTOs as a potential trigger for ventricular tachyarrhythmias and early cardiac death is of great clinical interest. Therefore, this study evaluates the prognostic impact of CTO in patients presenting with ventricular tachyarrhythmias on admission.

Methods

Study patients, design and data collection

The present study included retrospectively all patients presenting consecutively with ventricular tachyarrhythmias on hospital admission and undergoing coronary angiography from 2002 until 2016 at one institution. Using the electronic hospital information system, all relevant clinical data related to the index event were documented. The present study is derived from an analysis of the “Registry of Malignant Arrhythmias and Sudden Cardiac Death - Influence of Diagnostics and Interventions (RACE-IT)” and represents a single-center retrospective registry including consecutive patients presenting with ventricular tachyarrhythmias and aborted cardiac arrest being acutely admitted to the University Medical Center Mannheim (UMM), Germany (clinicaltrials.gov identifier: NCT02982473) from 2002 until 2016. The registry was carried out according to the principles of the declaration of Helsinki and was approved by the medical ethics committee II of the Medical Faculty Mannheim, University of Heidelberg, Germany. Also see supplemental online information.

Definition of study groups, inclusion and exclusion criteria

For the present analysis, only patients presenting with ventricular tachyarrhythmias and with coronary angiography at index hospital stay were included in order to ensure reliable documentation of the presence of CAD and CTOs. A coronary CTO was defined according to the European consensus document.^{10, 11} All coronary angiograms and reports were reassessed post-hoc by two independent interventional cardiologists specialized in CTO-PCI for the present data analysis.

The CTO group comprised all patients with a native un-revascularized CTO in coronary vessels with a diameter >1.5 mm. Identification of CTO and CAD was based on the judgment of the investigating interventional cardiologist during routine care. The CTO group also

included patients with acute revascularization of non-CTO-vessel by PCI or CABG. Moreover, patients with an occluded bypass graft on the CTO vessel were allocated to CTO group.

The control non-CTO group included all patients without CAD or CAD without a CTO, including CABG without a concomitant CTO and patients with acute PCI or CABG of non-CTO vessels. Patients with successfully revascularized CTOs either by CABG or PCI prior to ventricular tachyarrhythmias or SCD were included to the non-CTO group. Also, patients with successful CTO-revascularization during index hospitalization either by PCI or CABG were included in the non-CTO-group.

Overall exclusion criteria comprised patients without coronary angiography and coronary angiography after index hospital stay, patients without complete follow-up data regarding mortality and patients without documented ventricular tachyarrhythmias at index.

Study endpoints

The primary prognostic outcome was all-cause mortality at mid-term follow-up. Secondary endpoints were cardiac death occurring <24 hours after onset of ventricular tachyarrhythmias or an assumed unstable cardiac condition on admission, in-hospital all-cause mortality at index and the composite endpoint of cardiac death at 24 hours, first recurrent sustained ventricular tachyarrhythmias and first appropriate ICD therapies.

Overall follow-up period lasted until 2016. All-cause mortality was documented using our electronic hospital information system and by directly contacting state resident registration offices (bureau of mortality statistics) across Germany.

Statistical methods

Quantitative data are presented as mean \pm standard deviation, median and interquartile range (IQR), and ranges depending on the distribution of the data and were compared using the Student's *t* test for normally distributed data or the Mann-Whitney *U* test for nonparametric data. Deviations from a Gaussian distribution were tested by the Kolmogorov-Smirnov test. Spearman's rank correlation for nonparametric data was used to test univariate correlations. Qualitative data are presented as absolute and relative frequencies and compared using the Chi² test or the Fisher's exact test, as appropriate. Uni- and multivariable Cox regression models were applied and hazard ratios (HR) were given together with 95% confidence intervals. Cox regression models were applied in the entire cohort. Multivariable Cox regression models were developed using the "backward selection" option, where only statistically significant variables ($p < 0.05$) were included and analyzed simultaneously. Follow-up periods for evaluation of all-cause mortality were set when occurring within the individual index hospitalization (=in-hospital) and at 18 months (mid-term) according to the median survival of CTO patients to guarantee longest and completed follow-up of at least 50% of patients. Patients not meeting mid-term follow-up were censored. The result of a statistical test was considered significant for $p < 0.05$ and SAS, release 9.4 (SAS Institute Inc., Cary, NC, USA) was used for statistics.

Results

Study population

A total of 1,461 consecutive patients with ventricular tachyarrhythmias on admission at our institution underwent coronary angiography. At least one CTO of a major coronary artery was found in 20% of patients. The CTO was most commonly located in the right coronary artery (RCA) in 42%, followed by the left anterior descending artery (LAD) in 17% and circumflex (CX) in 19%, whereas 22% of patients had multiple CTOs (**Figure 1B**). CTO patients were more likely to suffer from diabetes, hyperlipidaemia, NSTEMI, chronic kidney disease and were more frequently treated with amiodarone and digitalis (**Table 1**). CTO patients revealed a higher rate of LVEF<35% alongside a higher rate of ICDs compared to non-CTO patients (47% versus 40%).

Distribution of CAD in patients with ventricular tachyarrhythmias

As shown in **supplemental table 1**, 33% of non-CTO patients revealed no evidence of CAD, whereas CTO patients were more likely to have multi-vessel coronary artery disease and prior CABG. Non-CTO-PCI was more common in non-CTO compared to CTO patients (46% versus 39%, $p=0.033$) and PCI in bypass grafts was rarely performed. CTO revascularization was performed rarely in 14 patients (allocated to the non-CTO group) (9 with CTO-PCI and 5 with CTO-CABG). The median J-CTO score was 2.8 (IQR 1.8-3.6) in CTO patients presenting with ventricular tachyarrhythmias.

Prognostic impact of CTO

At mid-term follow-up (18 months, IQR 5 days to 5.7 years), CTO patients had a higher all-cause mortality compared to non-CTO patients (mortality rate 40% versus 27%; log rank $p=0.001$; HR = 1.563; 95% CI 1.263 – 1.934; $p=0.001$) (**Figure 2, left panel**), which was still

evident after multivariable adjustment (HR=1.412; 95% CI 1.081-1.843; p=0.011) (**Figure 3; left panel**).

The presence of a CTO was still univariably associated with increased mid-term all-cause mortality in the subgroups of females (HR=2.072; p=0.001), males (HR=1.437; p=0.004), VT (HR=1.505; p=0.028) VF (HR=1.614; p=0.001), LVEF \geq 35% (HR=1.792; p=0.002), non-ICD (HR=1.977; p=0.001), AMI (HR=1,424; p=0.017) and stable CAD patients (HR=1.540; p=0.013) (data not shown).

Regarding secondary endpoints, CTO patients revealed higher rates of in-hospital all-cause mortality at index (29% vs. 20%, HR=1.032-1.701; p=0.027) (**Table 2**) and higher rates of the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies at mid-term follow-up compared to non-CTO patients (28% versus 19%, log rank p=0.005, HR=1.418, 95% CI 1.102-1.825; p=0.007) (**Figure 2 right panel, Table 2**). Associations of a CTO with the secondary composite endpoint were still univariably seen in the subgroups of males (HR=1.398; p=0.025), VT (HR=1.491; p=0.028), LVEF \geq 35% (HR=1.721; p=0.012), non-ICD (HR=1.566; p=0.013) and stable CAD (HR=1.507; p=0.029) (data not shown).

Discussion

The present study evaluates the prognostic impact of coronary CTOs in consecutive patients presenting with ventricular tachyarrhythmias on admission. This real-world data suggests that coronary CTOs are common findings in up to 20% of patients presenting with ventricular tachyarrhythmias. The presence of at least one CTO is an important prognostic factor, associated with an increased risk of mid-term all-cause mortality, in-hospital all-cause mortality at index and the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies. The adverse prognostic value of a CTO was still evident in the subgroups of patients with stable CAD and AMI, as well as after multivariable adjustment even in the entire study cohort. Therefore, this study consistently identifies the presence of a native un-revascularized CTO as a robust predictor of adverse outcomes in patients presenting with ventricular tachyarrhythmias on admission.¹

Recent data showed that sustained monomorphic VT in patients with previous AMI were less likely to be affected by coronary revascularization.¹ Furthermore, myocardial revascularization appeared to be unlikely to prevent recurrent SCD in patients with extensive myocardial scarring as well as in the presence of a markedly depressed LVEF.¹ Hence, VT was shown to be still inducible after surgical revascularization in survivors of cardiac arrest in 80% of patients with multi-vessel CAD with a prevalence of VT and VF at index of 66%. Accordingly, VT recurrence occurred in post-AMI patients after successful revascularization either by PCI or CABG even in the presence of LV dysfunction below 30%. Notably, VT or VF were still inducible in CAD patients independently of a complete or incomplete revascularization by PCI or CABG. In contrast, catheter ablation only proved efficacy to reduce the rates of VT recurrence (with a higher recurrence rate in patients with CTO as compared to non-CTO patients)², ICD therapy and symptom-free follow-up, but has never proven any better survival in patients presenting with VT and CAD.¹

Whether CTO might be associated with development of ventricular tachyarrhythmias has so far been investigated in a small number of retrospective observational studies. The VACTO studies demonstrated significantly higher rates of mortality and ventricular tachyarrhythmias in 71 native CTO patients compared 91 patients without CTO, and revealed a CTO being an independent predictor for appropriate ICD therapy both in ICD carriers for primary and secondary prevention.^{3, 5} In contrast, Raja et al. found no difference in mortality or ICD therapy for sustained VT between ICD patients with native CTO, revascularized CTO (total CTO patients n=213) and without CTO (n=95). Notably in this study the absence of a CTO in the left circumflex was protective with regard to ventricular tachyarrhythmias.⁴ Surprisingly, the presence of a CTO in the territory of a previous AMI was shown to be associated with a higher rate of VT recurrence after VT ablation, as well as repeat ablation rate.² In contrast, the major strength of the present study consists in the consecutive recruitment of patients with ventricular tachyarrhythmias and CTO straight from the admission scenario, where the adverse prognostic impact of a CTO was both demonstrated in the initially admitted study cohort and in those patients surviving and discharged from index hospitalization.

Di Marco et al. identified the presence of larger border zones in patients with an infarct-related CTO artery, alongside with reduced LVEF and renal impairment, as significant predictors for VT recurrence in 47 patients with and 37 patients without infarct-related CTO arteries.^{2, 7} VF originates mostly from an ischemic substrate, whereas VT represents a scar-related substrate in the presence of ischemic cardiomyopathy with a prior history of AMI, or in the context of structural or inflammatory heart disease.¹ Additionally, mechanisms such as early reperfusion, reduction of scars and infarct size, limitation of infarct expansion, recovery of function and improved collateral flow may lead in turn to better electrical stability within the myocardium.⁹ It may be speculated that the presence of a CTO may adversely accentuate

above effects and may - unless revascularized - sustain a milieu of permanent electrical instability.

Study limitations

This observational and retrospective registry-based analysis reflects a realistic picture of consecutive health-care supply of high-risk patients presenting with ventricular tachyarrhythmias and SCD right on hospital admission. The total number of patients with LVEF <35% and surviving index hospitalization without further implantation of an ICD was low (19%, n=73), which may be attributed to improvement of LVEF above 35% at follow-up in major part and lack of data documentation in minor part. Myocardial scarring was not assessed within the present study for instance by cardiac MRI in all patients. Therefore, the prognostic benefit of potential “scar-related” responders to CTO revascularization compared to non-responders was not assessed. Furthermore, rates of CTO revascularization were very low (only 5%) and reliable conclusions about its prognostic effect in patients presenting with ventricular tachyarrhythmias are not possible.

Conclusions

In patients presenting with ventricular tachyarrhythmias on admission, the presence of a coronary CTO is independently associated with an increase of mid-term all-cause mortality, in hospital all-cause mortality and the composite endpoint of early cardiac death, recurrent ventricular tachyarrhythmias and appropriate ICD therapies.

Impact on daily practice

In high-risk patients presenting with ventricular tachyarrhythmias on admission undergoing coronary angiography the presence of a native un-revascularized CTO represents

a consistently robust predictor of mid-term all-cause mortality, irrespective of stable CAD or acute myocardial infarction, as well as of in-hospital index all-cause mortality and the composite endpoint of early cardiac death, recurrent ventricular tachyarrhythmias and appropriate ICD therapies.

Acknowledgements

None.

Funding

None.

Conflict of interest

The authors declare that they do not have any conflict of interest.

References

1. Priori SG, Blomstrom-Lundqvist C, Mazzanti A, Blom N, Borggrefe M, Camm J, Elliott PM, Fitzsimons D, Hatala R, Hindricks G, Kirchhof P, Kjeldsen K, Kuck KH, Hernandez-Madrid A, Nikolaou N, Norekval TM, Spaulding C and Van Veldhuisen DJ. 2015 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death: The Task Force for the Management of Patients with Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death of the European Society of Cardiology (ESC). Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC). *Eur Heart J*. 2015;36:2793-867.
2. Di Marco A, Paglino G, Oloriz T, Maccabelli G, Baratto F, Vergara P, Bisceglia C, Anguera I, Sala S, Sora N, Dallaglio P, Marzi A, Trevisi N, Mazzone P and Della Bella P. Impact of a chronic total occlusion in an infarct-related artery on the long-term outcome of ventricular tachycardia ablation. *J Cardiovasc Electrophysiol*. 2015;26:532-9.
3. Nombela-Franco L, Iannaccone M, Anguera I, Amat-Santos IJ, Sanchez-Garcia M, Bautista D, Calvelo MN, Di Marco A, Moretti C, Pozzi R, Scaglione M, Canadas V, Sandin-Fuentes M, Arenal A, Bagur R, Perez-Castellano N, Fernandez-Perez C, Gaita F, Macaya C, Escaned J and Fernandez-Lozano I. Impact of Chronic Total Coronary Occlusion on Recurrence of Ventricular Arrhythmias in Ischemic Secondary Prevention Implantable Cardioverter-Defibrillator Recipients (VACTO Secondary Study): Insights From Coronary Angiogram and Electrogram Analysis. *JACC Cardiovasc Interv*. 2017;10:879-888.
4. Raja V, Wiegand P, Obel O, Christakopoulos G, Christopoulos G, Rangan BV, Roesle M, Abdullah SM, Luna M, Addo T, Ayers C, Garcia S, de Lemos JA, Banerjee S and Brilakis ES. Impact of Chronic Total Occlusions and Coronary Revascularization on All-Cause

Mortality and the Incidence of Ventricular Arrhythmias in Patients With Ischemic Cardiomyopathy. *Am J Cardiol.* 2015;116:1358-62.

5. Nombela-Franco L, Mitroi CD, Fernandez-Lozano I, Garcia-Touchard A, Toquero J, Castro-Urda V, Fernandez-Diaz JA, Perez-Pereira E, Beltran-Correas P, Segovia J, Werner GS, Javier G and Luis AP. Ventricular arrhythmias among implantable cardioverter-defibrillator recipients for primary prevention: impact of chronic total coronary occlusion (VACTO Primary Study). *Circ Arrhythm Electrophysiol.* 2012;5:147-54.

6. Nishikawa T, Fujino M, Nakajima I, Asaumi Y, Kataoka Y, Anzai T, Kusano K, Noguchi T, Goto Y, Nishimura K, Miyamoto Y, Kiso K and Yasuda S. Prognostic impact of chronic total coronary occlusion on long-term outcomes in implantable cardioverter-defibrillator recipients with ischaemic heart disease. *Europace.* 2017;19:1153-1162.

7. Yap SC, Sakhi R, Theuns D, Yasar YE, Bhagwandien RE, Diletti R, Zijlstra F and Szili-Torok T. Increased risk of ventricular arrhythmias in survivors of out-of-hospital cardiac arrest with chronic total coronary occlusion. *Heart Rhythm.* 2018;15:124-129.

8. Fefer P, Knudtson ML, Cheema AN, Galbraith PD, Osherov AB, Yalonetsky S, Gannot S, Samuel M, Weisbrod M, Bierstone D, Sparkes JD, Wright GA and Strauss BH. Current perspectives on coronary chronic total occlusions: the Canadian Multicenter Chronic Total Occlusions Registry. *J Am Coll Cardiol.* 2012;59:991-7.

9. Carnendran L and Steinberg JS. Does an open infarct-related artery after myocardial infarction improve electrical stability? *Prog Cardiovasc Dis.* 2000;42:439-54.

10. Authors/Task Force m, Windecker S, Kolh P, Alfonso F, Collet JP, Cremer J, Falk V, Filippatos G, Hamm C, Head SJ, Juni P, Kappetein AP, Kastrati A, Knuuti J, Landmesser U, Laufer G, Neumann FJ, Richter DJ, Schauerte P, Sousa Uva M, Stefanini GG, Taggart DP, Torracca L, Valgimigli M, Wijns W and Witkowski A. 2014 ESC/EACTS Guidelines on myocardial revascularization: The Task Force on Myocardial Revascularization of the

European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS) Developed with the special contribution of the European Association of Percutaneous Cardiovascular Interventions (EAPCI). *Eur Heart J.* 2014;35:2541-619.

11. Sianos G, Werner GS, Galassi AR, Papafaklis MI, Escaned J, Hildick-Smith D, Christiansen EH, Gershlick A, Carlino M, Karlas A, Konstantinidis NV, Tomasello SD, Di Mario C, Reifart N and Euro CTOC. Recanalisation of chronic total coronary occlusions: 2012 consensus document from the EuroCTO club. *EuroIntervention : journal of EuroPCR in collaboration with the Working Group on Interventional Cardiology of the European Society of Cardiology.* 2012;8:139-45.

Copyright EuroIntervention

Figures Legends

Figure 1A: Flow-chart of patient selection.

Figure 1B: Distribution of location of CTOs.

Figure 2: Presence of a coronary CTO was associated with increased rates of the primary endpoint all-cause mortality at mid-term follow-up (**left panel**) and the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies at 18 months (**right panel**).

Figure 3: In multivariable Cox regressions, the presence of a coronary CTO was still associated with the primary endpoint all-cause mortality at mid-term follow-up (after 2 steps of backward elimination) (**left panel**), as well as with the composite endpoint of cardiac death at 24 hours, recurrent ventricular tachyarrhythmias and appropriate ICD therapies at mid-term follow-up (after 6 steps of backward elimination) (**right panel**).

Table 1. Study population.

Characteristic	non-CTO (n=1,171; 80%)	CTO (n=290; 20%)	p value
Gender, n (%)			
Male	863 (74)	229 (79)	0.065
Age, median (range)	65 (15-91)	70 (39-89)	0.001
Ventricular tachyarrhythmia, n (%)			
Ventricular tachycardia	622 (53)	154 (53)	0.997
Non-sustained	369 (61)	76 (50)	
Sustained	232 (39)	76 (50)	0.011

Monomorphic	587 (98)	148 (97)	0.828
Polymorphic	14 (2)	4 (3)	
Slow	6 (1)	3 (2)	0.323
Fast	595 (99)	149 (98)	
Induced	220 (37)	55 (36)	0.923
Electrical storming	10 (2)	3 (2)	0.768
Torsade de pointes	8 (1)	0 (0)	0.368
Not documented	21 -	2 -	-
VT cycle length, median (IQR)	305 (280-340)	325 (300-345)	0.486

Ventricular fibrillation	549 (47)	136 (47)	0.997
Cardiopulmonary resuscitation	569 (49)	142 (49)	0.909
In hospital	364 (31)	80 (28)	0.246
Out of hospital	205 (18)	62 (21)	0.127
Cardiovascular risk factors, n (%)			
Arterial hypertension	704 (60)	191 (66)	0.072
Diabetes mellitus	279 (24)	106 (37)	0.001
Hyperlipidemia	341 (29)	123 (42)	0.001
Smoking	379 (32)	93 (32)	0.923

Cardiac family history	137 (12)	30 (10)	0.516
------------------------	----------	---------	-------

Comorbidities at index, n (%)

Acute myocardial infarction	461 (39)	122 (42)	0.400
-----------------------------	----------	----------	-------

STEMI	190 (16)	24 (8)	0.001
-------	----------	--------	--------------

NSTEMI	271 (23)	98 (34)	0.001
--------	----------	---------	--------------

Cardiogenic shock	209 (18)	60 (21)	0.264
-------------------	----------	---------	-------

Atrial fibrillation	324 (28)	81 (28)	0.929
---------------------	----------	---------	-------

Dilated cardiomyopathy	58 (5)	0 (0)	0.001
------------------------	--------	-------	--------------

Hypertrophic cardiomyopathy	6 (0.5)	0 (0)	0.605
-----------------------------	---------	-------	-------

ARVD	7 (0.6)	0 (0)	0.358
Takotsubo CMP	7 (0.6)	0 (0)	0.358
Myocarditis	4 (0.3)	0 (0)	1.000
Brugada	11 (0.9)	0 (0)	0.098
Long QT	29 (3)	4 (1)	0.260
Intracranial hemorrhage	6 (0.5)	0 (0)	0.222
Anemia	70 (6)	16 (6)	0.765
Chronic kidney disease	524 (46)	170 (60)	0.001
Liver cirrhosis	8 (0.7)	2 (0.7)	0.990

Respiratory Failure	7 (0.6)	5 (2)	0.057
Intoxication (drugs, medication)	6 (0.5)	1 (0.3)	1.000
Neurological	35 (3)	7 (2)	0.600
Systemic Infection	24 (2)	12 (4)	0.040
Electrolyte disorder	7 (0.6)	3 (1)	0.419

Left ventricular ejection function, n (%)

LVEF \geq 55%	336 (29)	36 (12)	
LVEF 54-35%	330 (28)	91 (31)	0.001
LVEF <35%	269 (23)	115 (40)	

Not documented	236 (20)	48 (17)	-
Electrical therapies, n (%)			
Electrophysiological examination	319 (27)	64 (22)	0.073
Ablation therapy	49 (4)	6 (2)	0.090
Patients at discharge, n (%)	937 (82)	206 (71)	0.001
Medication at discharge, n (%)			
Beta-blocker	786 (84)	179 (87)	0.281
ACE-inhibitor/ ARB	730 (78)	172 (84)	0.075
Aldosterone antagonist	80 (9)	25 (12)	0.105

Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal

Statin	623 (67)	172 (84)	0.001
Amiodarone	108 (12)	50 (24)	0.001
Digitalis	92 (10)	34 (17)	0.006
Overall ICDs, n (%)	466 (50)	137 (67)	0.001
ICD	416 (89)	128 (93)	0.007
CRT-D	37 (8)	7 (5)	0.506
s-ICD	13 (3)	2 (2)	0.525

Follow up times

Hospitalization total; days (median (IQR))	11 (6-19)	13 (6-24)	0.001
--	-----------	-----------	--------------

ICU time; days (median (IQR))	5 (3-10)	4 (1-10)	0.001
Follow-up; days (mean; median (range))	1520;1176 (0-5106)	1521; 1176 (0-5106)	0.001

ACE, angiotensin-converting enzyme; ARB, angiotensin receptor blocker; ARVD, arrhythmogenic right ventricular dysplasia; CMP, cardiomyopathy; CRT-D, cardiac resynchronization therapy plus defibrillator; ICD, implantable cardioverter-defibrillator; ICU, intensive care unit; IQR, interquartile range; LVEF, left ventricular ejection fraction; (N)STEMI, (non-)ST segment myocardial infarction, VT, ventricular tachycardia.

Copyright EuroIntervention

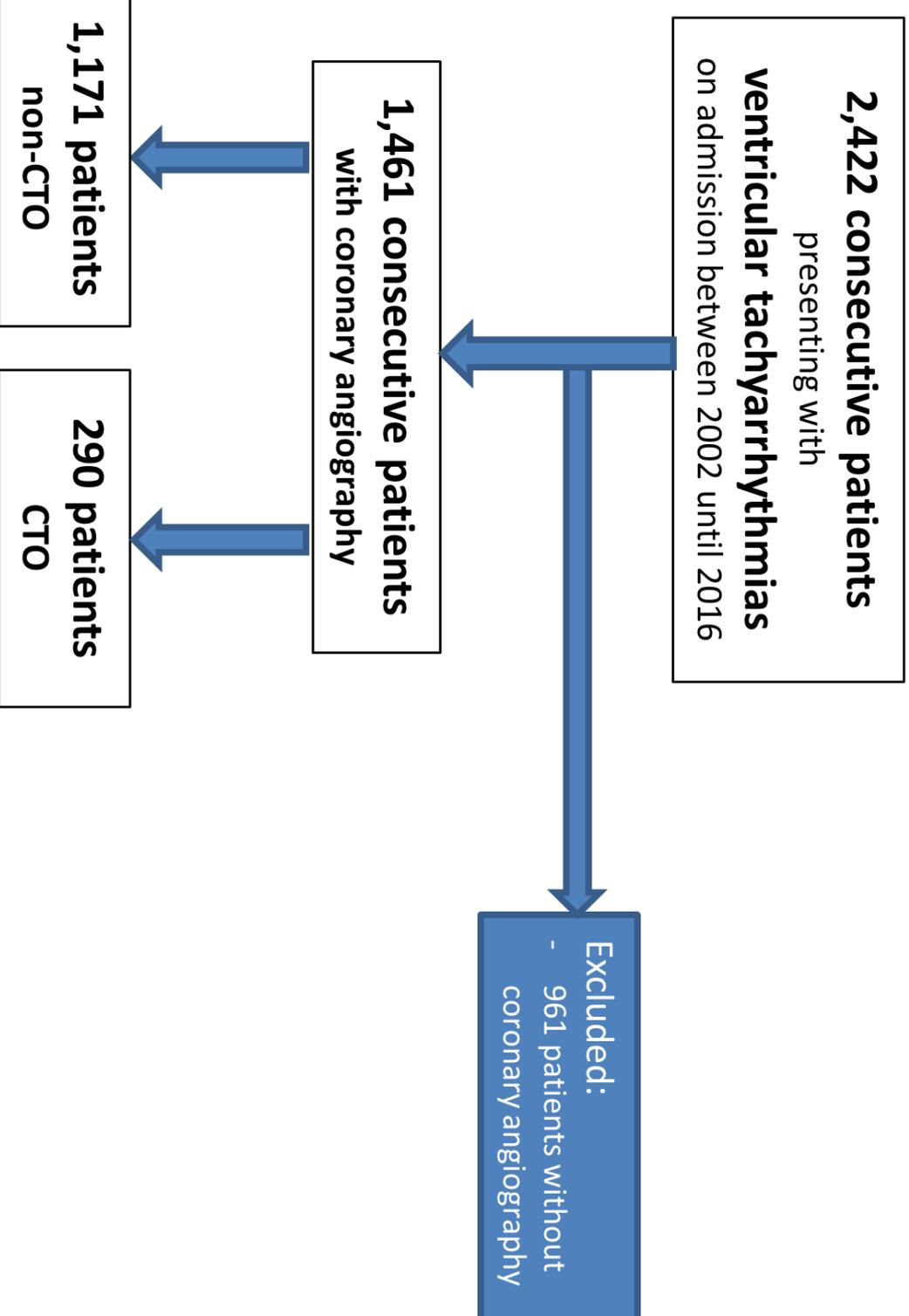
Table 2. Primary and secondary endpoints.

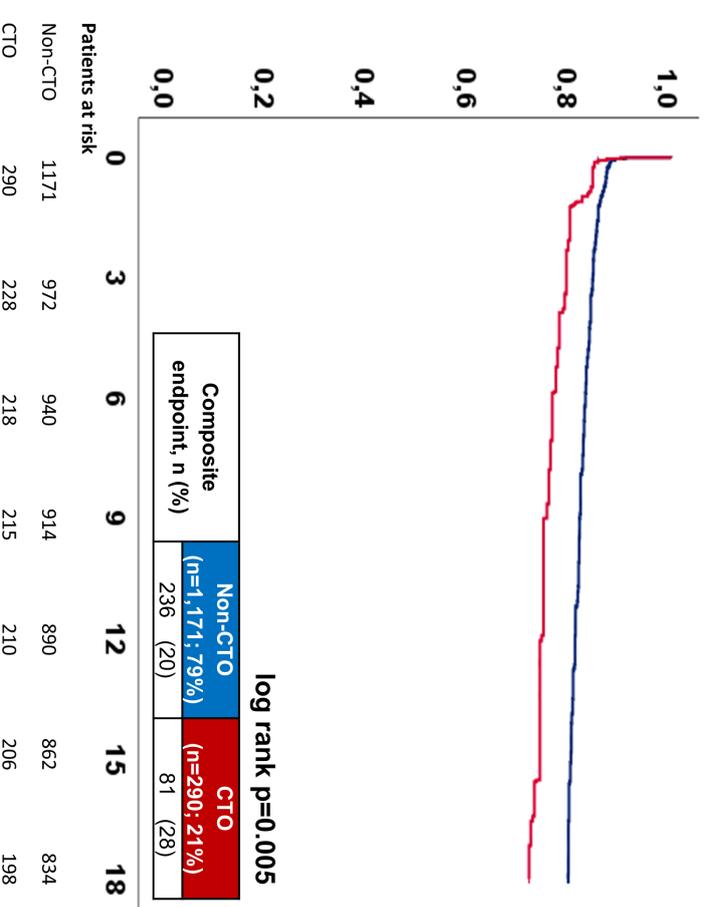
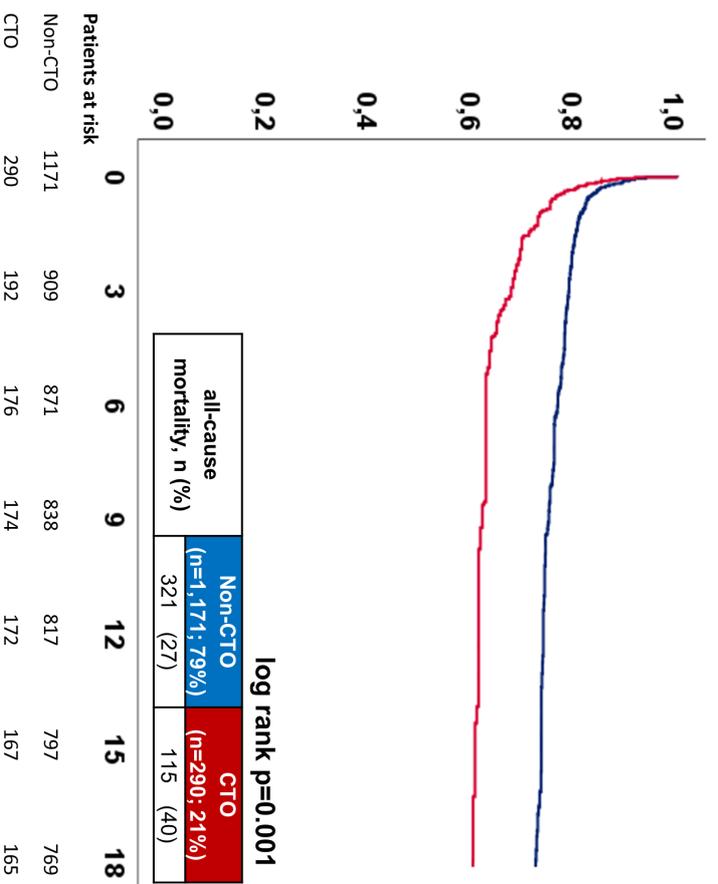
Characteristic	non-CTO (n=1,171; 79%)	CTO (n=290; 21%)	HR	95% CI	P value
Primary endpoint, n (%)					
All cause-mortality, at 18 months	321 (27)	115 (40)	1.56	1.263-	0.001
Secondary endpoints, n (%)					
Cardiac death, at 24 hours	110 (9)	38 (13)	1.45	0.981-	0.062
All-cause mortality, at index hospitalization	234 (20)	84 (29)	1.32	1.032-	0.027

Combined endpoint (cardiac death at 24 hours, recurrent ventricular tachyarrhythmias, appropriate ICD therapies at 18 months)	236 (20)	81 (28)	1.41	1.102-	0.007
--	----------	---------	------	--------	--------------

CI, confidence interval; HR, hazard ratio; ICD, implantable cardioverter defibrillator.

Copyright EuroIntervention





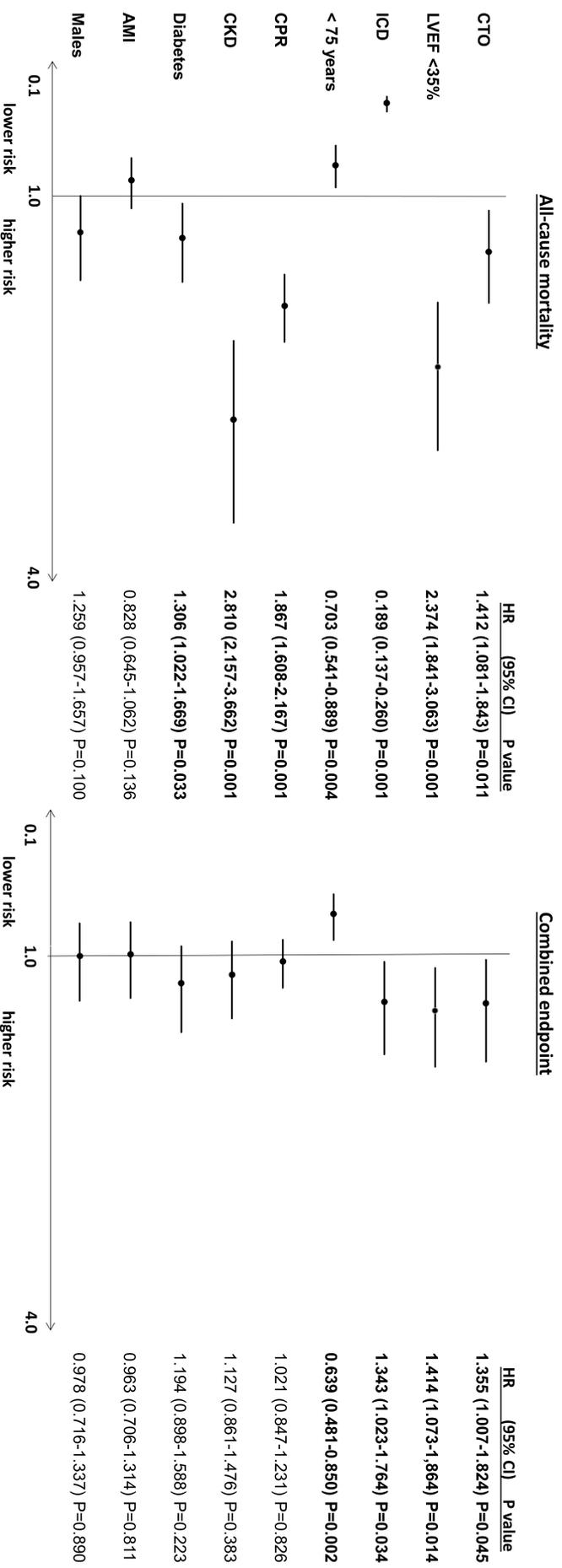
Patients at risk

Time (months)	0	3	6	9	12	15	18
Non-CTO	1171	909	871	838	817	797	769
CTO	290	192	176	174	172	167	165

Patients at risk

Time (months)	0	3	6	9	12	15	18
Non-CTO	1171	972	940	914	890	862	834
CTO	290	228	218	215	210	206	198

Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal



Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal

Supplemental Table 1. Distribution of coronary artery disease.

Characteristic	non-CTO (n=1,171; 80%)	CTO (n=290; 20%)	p value
Coronary artery disease, n (%)	789 (67)	290 (100)	0.001
No evidence of CAD	382 (33)	0 (0)	
1-vessel	285 (24)	49 (17)	
2-vessel	254 (22)	84 (29)	
3-vessel	250 (21)	147 (54)	0.001
Presence of CABG	136 (12)	57 (20)	0.001

Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal

Intracoronary thrombus	105 (9)	15 (5)	0.035
------------------------	---------	--------	--------------

CTO lesions, n (%)

RCA	- -	122 (42)	-
-----	-----	----------	---

LAD	- -	49 (17)	-
-----	-----	---------	---

LCx	- -	55 (19)	-
-----	-----	---------	---

Multiple CTOs	- -	64 (22)	-
---------------	-----	---------	---

CTO lesion characteristics, n (%)

Blunt stump	- -	160 (55)	-
Bending >45°	- -	165 (57)	-
Severe calcifications	- -	113 (39)	-
CTO length ≥20mm	- -	249 (86)	-
CTO length <20mm	- -	41 (14)	-
J-CTO score, median (IQR)	- -	2.8 (1.8-3.6)	-
J-CTO Score ≥3, n (%)	- -	139 (48)	-

Collateral connections, n (%)

Ipsilateral	- -	232 (80)	-
-------------	-----	----------	---

Contralateral	- -	247 (85)	-
---------------	-----	----------	---

Werner class

CC0	- -	5 (2)	-
-----	-----	-------	---

CC1	- -	215 (75)	-
-----	-----	----------	---

CC2	- -	70 (24)	-
-----	-----	---------	---

Levin class

Septal	- -	281 (97)	-
--------	-----	----------	---

Bridge	-	-	119 (41)	-
--------	---	---	----------	---

Epicardial	-	-	249 (86)	-
------------	---	---	----------	---

Revascularization types, n (%)

CTO-PCI successful	9 (0.8)	-	-	-
--------------------	---------	---	---	---

Sent to CTO-CABG	5 (0.4)	-	-	-
------------------	---------	---	---	---

CTO-PCI unsuccessful	-	-	4 (1)	-
----------------------	---	---	-------	---

Non-CTO-PCI	542 (46)	114 (39)	0.033
-------------	----------	----------	--------------

Bypass-PCI	7 (0.6)	1 (1)	1.000
------------	---------	-------	-------

Sent to non-CTO CABG	25 (2)	14 (5)	0.011
----------------------	--------	--------	--------------

CPR during coronary angiography	80 (7)	24 (8)	0.392
--	--------	--------	-------

CABG, coronary artery bypass grafting; CPR, cardiopulmonary resuscitation; LAD, left anterior descending; LCx, left circumflex; PCI, percutaneous coronary intervention; RCA, right coronary artery.

Copyright EuroIntervention

Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal