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Authors: Peter Tajti, M.D; Iosif Xenogiannis, M.D; Fotis Gargoulas, M.D; Dimitri Karmpaliotis, M.D, PhD; Khaldoon Alaswad, M.D; Farouc A. Jaffer, M.D, PhD; Mitul Patel, M.D; M. Nicholas Burke, M.D; Santiago Garcia, M.D; Oleg Krestyaninov, M.D; Michalis Koutouzis, M.D; Wissam Jaber, M.D; Emmanouil S. Brilakis, M.D, PhD

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Contemporary Outcomes of the Retrograde Approach to Chronic Total Occlusion Interventions: Insights from an International CTO Registry.

Peter Tajti ^{1,2}, MD, Iosif Xenogiannis ¹, MD, Fotis Gargoulas ³, MD, Dimitri Karmpaliotis

³, MD, PhD, Khaldoon Alaswad ⁴, MD, Farouc A. Jaffer ⁵, MD, PhD, Mitul Patel ⁶, MD,

M. Nicholas Burke ¹, MD, Santiago Garcia ¹, MD, Oleg Krestyaninov ⁷, MD, Michalis Koutouzis ⁸, MD, Wissam Jaber ⁹, MD, Emmanouil S. Brilakis ¹, MD, PhD

¹Minneapolis Heart Institute, Abbott Northwestern Hospital, Minneapolis, USA; ²University of Szeged, Division of Invasive Cardiology, Second Department of Internal Medicine and Cardiology Center, Szeged, Hungary; ³Columbia University, New York, USA; ⁴Henry Ford Hospital, Detroit, USA; ⁵Massachusetts General Hospital, Boston, USA; ⁶VA San Diego Healthcare System and University of California San Diego, La Jolla, USA; ⁷Meshalkin Siberian Federal Biomedical Research Center, Novosibirsk, Russian Federation; ⁸Korgialeneio-Benakeio Hellenic Red Cross Hospital of Athens, Athens, Greece; ⁹Emory University, Atlanta, USA.

Short title: Contemporary Retrograde CTO PCI

A list of study collaborators can be found in the appendix

Running title: Contemporary Retrograde CTO PCI

Corresponding author:

Emmanouil S. Brilakis, MD, PhD

Minneapolis Heart Institute, 920 E 28th Street #300, Minneapolis, Minnesota 55407

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E-mail: esbrilakis@gmail.com.

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Abstract

Aims: The retrograde approach is critical for achieving high success rates in chronic total occlusion (CTO) percutaneous coronary intervention (PCI), but has been associated with higher risk of complications.

Methods and results: We compared the technical and procedural outcomes of retrograde (n=1,515) and antegrade-only CTO PCIs (n=2,686) in a contemporary multicenter CTO registry. The mean age of patients undergoing retrograde PCI was 65 ± 10 years and 86% were men, with high prevalence of prior myocardial infarction (51%), prior PCI (71%), and coronary artery bypass graft surgery (45%). The mean J-CTO (3 ± 1 vs 2 ± 1 p<0.001) was higher in retrograde PCIs. The most commonly used collateral channels were septals (65%), epicardials (32%), saphenous venous grafts (14%) and left internal mammary artery grafts (2%). Overall technical (79% vs 91%, p<0.001) and procedural (75% vs 90%, p<0.001) success rates were lower with the retrograde approach, and patients had higher in-hospital major complications rate than antegrade-only PCIs (5.1% vs 0.8%, p<0.001), due to higher mortality (1.1% vs. 0.1%, p<0.001), acute myocardial infarction (1.9% vs 0.2%, p<0.001), repeat-PCI (0.7% vs 0.1%, p=0.001), and pericardiocentesis (1.7% vs 0.3%, p<0.001).

Conclusions: In summary, retrograde approach to CTO PCI is performed in higher complexity lesions and is associated with lower success and higher major complications rates.

Clinical Trial Registration: NCT02061436, Prospective Global Registry for the Study of Chronic Total Occlusion Intervention (PROGRESS CTO)

Classifications: chronic coronary total occlusion, stable angina, other techniques

Condensed abstract

The retrograde approach has become an essential tool for chronic total occlusion (CTO) percutaneous coronary intervention (PCI) improving overall success to ~85-90%. We compared the technical and procedural outcomes of the retrograde approach (n=1,515) with antegrade-only CTO PCIs (n=2,686) in a contemporary CTO registry. Lesion were more complex in the retrograde group (J-CTO [3 ± 1 vs. 2 ± 1 p<0.001]), whereas overall technical (79% vs. 91%, p<0.001) and procedural (75% vs. 90%, p<0.001) success rates were lower. Patients with retrograde approach had higher in-hospital major complications rate compared to antegrade-only PCIs (5.1% vs. 0.8%, p<0.001).

Abbreviations

- **CABG** Coronary Artery Bypass Graft
- CTO Chronic Total Occlusion
- J-CTO Japan Chronic Total Occlusion
- **MACE** Major Adverse Cardiac Events
- **MI** Myocardial Infraction
- **PCI** Percutaneous Coronary Intervention

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Introduction

Since its introduction more than a decade ago (1,2), the retrograde approach has become an essential tool for chronic total occlusion (CTO) percutaneous coronary intervention (PCI), and has been instrumental in improving technical success to ~85-90% from ~80% achieved with antegrade-only interventions (3,4). The retrograde approach usually requires two guide catheters and has four key technical steps including: (a) advancement of a guidewire and microcatheter through a collateral vessel or a bypass graft distal to the occlusion, (b) crossing the occlusion, (c) wire externalization and (d) balloon angioplasty with stent implantation (5). The hybrid approach (6) recommends upfront retrograde crossing in CTOs with proximal cap ambiguity and/or poor distal target as well as after failure of antegrade crossing, if there are interventional collaterals. We examined the contemporary outcomes of the retrograde approach to CTO PCI aiming to identify areas in need of improvement.

Material and methods

We analyzed the clinical, angiographic, and procedural characteristics of 4,201 CTO PCIs performed in 4,108 patients enrolled in the PROGRESS CTO (Prospective Global Registry for the Study of Chronic Total Occlusion Intervention, NCT02061436) registry between May 2012 and November 2018 at 21 US, one European, and one Russian centers. Some centers only enrolled patients during part of the study period due to participation in other studies. The study was approved by the institutional review board of each center.

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Coronary CTO was defined as a coronary lesion with Thrombolysis In Myocardial Infarction (TIMI) grade 0 flow of at least 3 months duration. Estimation of the duration of occlusion was clinical, based on the first onset of angina, prior history of myocardial infarction in the target vessel territory, or comparison with a prior angiogram. Calcification was assessed by angiography as mild (spots), moderate (involving <50% of the reference lesion diameter) and severe (involving >50% of the reference lesion diameter). Moderate proximal vessel tortuosity was defined as the presence of at least 2 bends >70° or 1 bend >90° and severe tortuosity as 2 bends >90° or 1 bend >120° in the CTO vessel. Blunt or no stump was defined as lack of tapering or lack of a funnel shape at the proximal cap. Interventional collaterals were defined as collaterals considered amenable to crossing by a guidewire and a microcatheter by the operator. Werner classification was used for collateral channel assessment (7).

A procedure was defined as "retrograde" if an attempt was made to cross the lesion through a collateral vessel or bypass graft supplying the target vessel distal to the lesion; if not, the procedure was classified as "antegrade-only". Antegrade dissection/re-entry was defined as antegrade PCI during which a guidewire was intentionally introduced into the subintimal space proximal to the lesion, or re-entry into the distal true lumen was attempted following intentional or inadvertent subintimal guidewire crossing.

Technical success was defined as successful CTO revascularization with achievement of <30% residual diameter stenosis within the treated segment and restoration of TIMI grade 3 antegrade flow. Procedural success was defined as the achievement of technical success without any in-hospital complications. In-hospital major adverse cardiac events (MACE) included any of the following adverse events prior to

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hospital discharge: death, myocardial infarction, recurrent symptoms requiring urgent repeat target vessel revascularization with PCI or coronary artery bypass graft surgery (CABG), tamponade requiring either pericardiocentesis or surgery, and stroke. Myocardial infarction (MI) was defined using the Third Universal Definition of Myocardial Infarction (type 4a MI). Major bleeding was defined as bleeding causing reduction in hemoglobin >3 g/dl or bleeding requiring transfusion or surgical intervention. The J-CTO score was calculated as described by Morino et al (8), the CASTLE score as described by Szijgyarto et al (9), the PROGRESS CTO score as described by Christopoulos et al (10), and the PROGRESS CTO Complications score as described by Danek et al (11).

Categorical variables were expressed as percentages and were compared using Pearson's chi-square test or Fisher's exact test. Continuous variables were presented as mean ± standard deviation or median [interquartile range, IQR] unless otherwise specified and were compared using the t-test and 1-way analysis of variance (ANOVA) for normally distributed variables; the Wilcoxon rank-sum test, and the Kruskal-Wallis test were applied for non-parametric continuous variables, as appropriate. Multivariable logistic regression was used to examine the association between use of the retrograde approach and in-hospital MACE, as well as to identify predictors for retrograde technical failure. Variables with significant univariable association (p<0.1) were entered into the models. All statistical analyses were performed with JMP 13.0 (SAS Institute, Cary, North Carolina). A two-sided p value of 0.05 was considered statistically significant.

Results

Retrograde CTO PCI was attempted in 1,505 patients (36.7%) undergoing 1,515 interventions which were compared to 2,686 antegrade-only CTO PCIs performed in 2,603 patients (63.3%).

Patients undergoing retrograde CTO PCI were older and had higher prevalence of coronary risk factors, prior myocardial infarction, history of prior PCI and coronary artery bypass graft surgery (CABG) **(Table 1)**.

In the retrograde group, lesions were significantly more complex **(Table 2)**. Retrograde cases had better developed collaterals (Werner Class 1: 58.1% vs. 49.0%; Werner Class 2: 31.8% vs. 20.7%, both p<0.001).

The main technical characteristics are summarized in **Table 3**. In primary retrograde cases the main indications for selection of the retrograde approach were the followings: long occlusion length (36.6%), ostial occlusions (27.5%), side-branch at proximal cap (25.6%), poor distal target vessel (24.6%), bifurcation at distal cap (22.1%), proximal cap ambiguity (15.8%), and tortuosity (14.2%). The retrograde approach was more successfully applied as crossing strategy in more complex lesions (**Figure 1**).

Overall technical and procedural success in the retrograde group was 79.2% and 75.4% respectively, and was significantly lower compared with antegrade-only cases (90.5% and 90.0%, both p<0.001). In cases with successful retrograde CTO crossing technical success was 98.4%, whereas in CTOs with retrograde wire crossing failure successful CTO revascularization was achieved in 49.4% (**Supplementary Table 1**). The following collateral pathways were used: septal collaterals (62.0%), contralateral

epicardial collaterals (29.9%), and saphenous vein grafts (13.5%) (Figure 2 Panel A). Successful collateral channel crossing was achieved in 75.3% (Figure 2 Panel B). Epicardial collaterals were more likely to be attempted as a second or third collateral, and low profile microcatheters were used more frequently (Figure 3). The most commonly used crossing techniques are summarized in Figure 2 Panel C. In lesions with successful retrograde attempt, the most commonly used crossing technique was the reverse controlled antegrade and retrograde tracking (CART) (53.2%) (Figure 2 Panel D). In 8 cases retrograde wire crossing was achieved with various retrograde techniques (marker wire technique [n=4]; CART [n=2]; true-to-true wiring [n=1]; reverse CART [n=1]), however externalization failed leading to technical failure. The predictors of retrograde technical failure are summarized in Supplementary Table 2. Retrograde cases required longer procedure and fluoroscopy time, higher volume of contrast and air kerma radiation dose compared with antegrade-only procedures (Figure 4).

The overall in-hospital major adverse cardiac event (MACE) rate of retrograde CTO PCI was 5.1%, and any procedure related complication occurred in 18.9% (**Figure 5 Panel A** and **B**, **Table 4**). The incidence of coronary perforation was significantly higher in retrograde cases (8.6% vs. 2.2%, p<0.001), and perforations were more severe (Ellis Class III or Class III-cavity spilling 41.3% vs. 22.9%, p=0.133). The incidence of tamponade requiring pericardiocentesis, however, was caused similarly by antegrade wiring (n=12, 46.2%) and retrograde wiring (n=14, 53.8%) attempts during retrograde interventions, and it occurred more frequently if retrograde approach was the successful crossing technique (66.7% vs. 33.3%, p=0.225). Covered stents were used in 10.0% (n=10) of all perforations during the retrograde approach (n=140), and in 11.5% (n=3) of

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all cases when pericardiocentesis was required (n=26). On multivariable logistic regression (Supplementary Table 3), the retrograde approach was independently associated with increased risk for in-hospital MACE (OR 3.94, CI 95% 2.01-8.20, p<0.001). In-hospital MACE and periprocedural complication rates were similar in cases with retrograde success compared with retrograde attempt failure (Figure 6 and 7).

The temporal trends of retrograde CTO PCI outcomes are presented in Supplementary Table 4. Additional procedural and patient characteristics are given in ention Supplementary Table 5.

Discussion and limitations

Our study is one the largest published to date examining the technical outcomes of retrograde CTO PCI. The major findings are as follows: (a) retrograde CTO PCI remains essential for CTO PCI, especially in complex lesions; (b) retrograde interventions are associated with higher in-hospital and periprocedural complications compared to antegrade-only interventions; (c) collateral crossing is successful in three guarters of cases limiting retrograde CTO crossing success, (d) approximately half of the perforations requiring pericardiocentesis during retrograde CTO PCI were due to antegrade wiring attempts.

Antegrade wire escalation remains the most frequently used, and most often successful CTO crossing strategy. The retrograde approach, however, remains essential for CTO PCI success especially in complex occlusions when the antegrade approach fails or is not feasible (3). The decreasing use of the retrograde approach in recent years may

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reflect improvements in antegrade wiring techniques and devices (especially novel, highly torquable guidewires).

In our study the overall success rate of retrograde interventions was 79.2% with procedural success of 75.4%, which is similar to those of the European CTO Registry [n=1582 CTO PCI, clinical success of 75.3% (4)]. The slight decrease over time in technical and procedural success is likely explained by increasing CTO complexity (**Supplementary Table 4**) and high prevalence of prior coronary artery bypass graft surgery.

Septal surfing and contrast guided techniques (also known as distal tip injection technique) are currently used for collateral crossing (12). Dautov et al. showed that septal collateral surfing was successful in 81% in 240 CTO PCIs even if collaterals are invisible (Werner Class CC 0) (13). Septal surfing was the most common collateral crossing strategy in cases with retrograde success (75.5%) in our study, whereas microcatheter tip injection guidance was used in 24.5%. Overall collateral channel crossing (by guidewire and microcatheter) success was 75.3%.

Once the guidewire and microcatheter cross the collateral channel, CTO crossing can also be challenging and is usually achieved using the reverse CART technique (1). In our cohort reverse CART was the most commonly attempted and most commonly successful crossing strategy..

Retrograde CTO PCI has been reported to have higher risk of complications in numerous cohorts compared with antegrade approaches (both antegrade wiring and/or antegrade dissection re-entry techniques).

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Similarly, in our study in-hospital MACE was 5.1% in the retrograde group (overall procedural complications 18.9%), and was significantly higher than antegrade-only interventions. However, approximately half of the complications (46.2%) were caused by antegrade wiring (46.2%), suggesting that a significant portion of the higher retrograde CTO PCI risk is related to the complexity of the treated lesions. Furthermore, although coronary perforations were observed in 8.6% of the procedures treated with the retrograde approach, only 1.7% required pericardiocentesis with the majority being treated conservatively.

Performing retrograde CTO PCI over the years has undergone significant changes with decreasing use of radiation and contrast despite increased lesion complexity as reflected in the increasing J-CTO scores (**Supplementary Table 4**). Such improvements could be attributed to optimized imaging, use of contrast saving equipment and techniques (such as the DyeVert system [Osprey Medical Inc., Minnetonka, MN, USA], use of IVUS) and continuous education. Although the retrograde approach carries increased risk for complications, our study shows that some of the complications attributed to the retrograde approach were actually due to antegrade crossing attempts during the same procedure and were likely related to high lesion complexity.

Limitations of our study include the lack of core laboratory assessment of the study angiograms, lack of independent clinical event adjudication; limited availability of followup for the study patients. Furthermore, the procedures were performed in dedicated, high volume CTO centers by experienced operators, limiting the extrapolation to less experienced operators and lower volume centers. The selection of crossing strategy was

made by each operator, likely reflecting local expertise and operator/patient preferences. Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal

The novel classification of the reverse CART techniques were not used in our current study, however it was only introduced recently limiting the data revision retrospectively (14). Procedure related myocardial infarction events are site reported without systematic post-procedural biomarker assessment, hence the rate of such complications may be underestimated.

Conclusions

The retrograde approach remains critical for the success of CTO PCI, especially in more complex occlusions. The retrograde approach should be performed by experienced operators and centers given its association with higher risk for complications.

Impact on daily practice

The retrograde approach is an important technique for crossing coronary chronic total occlusions, especially for more complex lesions. However, the retrograde approach carries increased risk for complications, especially perforation, even though some of the complications are related to antegrade crossing attempts during the same procedure. As a result, appropriate case selection, early recognition – and if necessary – timely treatment of coronary perforation is critical for reducing the rate of complications during retrograde chronic total occlusion interventions.

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Appendix

Robert W. Yeh¹, Hector Tamez¹, MD, Ehtisham Mahmud², MD, James W. Choi³, MD, Dmitrii Khelimskii⁴, MD, Jaikirshan J. Khatri⁵, MD, Ioannis Tsiafoutis⁶, MD, Anthony H. Doing⁷, MD, Phil Dattilo⁷, MD, Catalin Toma⁸, MD, Barry F. Uretsky⁹, MD, Habib Samady¹⁰, MD, Brian Jefferson¹¹, MD, Taral Patel¹¹, MD, Srinivasa Potluri, MD¹², David Kandzari¹³, MD, R. Michael Wyman¹⁴, MD, Shuaib Abdullah¹⁵, MD, Jeffrey Moses¹⁶, MD, Nicholas Lembo¹⁶, MD, Manish Parikh¹⁶, MD, Ajay Kirtane¹⁶, MD, Ziad A. Ali¹⁶, MD, Juan J. Russo¹⁶, MD, Emad Hakemi¹⁶, MD, Bavana Rangan¹⁷, BDS, MPH, Imre Ungi¹⁸, MD, PhD, Subhash Banerjee¹⁵, MD

¹Beth Israel Deaconess Medical Center, Boston, MA, USA; ²VA San Diego Healthcare System and University of California San Diego, La Jolla, USA; ³Baylor Heart and Vascular Hospital, *Disclaimer : As a public service to our readership, this article -- peer reviewed by the Editors of EuroIntervention - has been published immediately upon acceptance as it was received. The content of this article is the sole responsibility of the authors, and not that of the journal*

Dallas. USA; ⁴Meshalkin Siberian Federal Biomedical Research Center, Ministry of Health of Russian Federation, Novosibirsk, Russian Federation; ⁵Cleveland Clinic, Cleveland, USA; ⁶Korgialeneio-Benakeio Hellenic Red Cross General Hospital of Athens, Athens, Greece; ⁷Medical Center of the Rockies, Loveland, USA; ⁸University of Pittsburgh Medical Center, Pittsburgh, USA; ⁹VA Central Arkansas Healthcare System, Little Rock, USA; ¹⁰Emory University, Atlanta, USA; ¹¹Tristar Centennial Medical Center, Nashville, USA; ¹²The Heart Hospital Baylor Plano, Plano, USA; ¹³Piedmont Heart Institute, Atlanta, USA; ¹⁴Torrance Memorial Medical Center, Torrance, USA; ¹⁵VA North Texas Health Care System and University of Texas Southwestern Medical Center. Dallas, USA; ¹⁶Columbia University, New York, USA; ¹⁷Minneapolis Heart Institute, Abbott Northwestern Hospital, Minneapolis, USA; ¹⁸University of ient of Int Szeged, Division of Invasive Cardiology, Second Department of Internal Medicine and Cardiology Center, Szeged, Hungary.

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Rangan BV, Lembo N, Garcia S, Cipher D, Thompson CA, Banerjee S, Brilakis ES. Development and Validation of a Novel Scoring System for Predicting Technical Success of Chronic Total Occlusion Percutaneous Coronary Interventions: The PROGRESS CTO (Prospective Global Registry for the Study of Chronic Total Occlusion Intervention) Score. JACC Cardiovasc Interv 2016;9:1-9.

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Figure legends

Figure 1. Technical success of CTO interventions with retrograde approach (n=1,515) compared to antegrade-only interventions (n=2,686) stratified by the J-CTO score.

Figure 2. Technical outcomes of all the retrograde CTO interventions in terms of collateral crossing (**Panel A and B**) and wire crossing techniques (**Panel C and D***).

* 8 cases included with successful wire crossing, but retrograde failure due to failed wire externalization.

Figure 3. Technical characteristics of collateral channel crossing attempts during the retrograde approach in terms of used collaterals, successfully crossed guidewires and microcatheters.

Figure 4. Procedural characteristics compared between retrograde CTO PCI versus antegrade-only interventions.

Figure 5. Distribution of periprocedural complications (**Panel A**) and in-hospital major complications (**Panel B**) of successful and failed retrograde CTO PCIs.

Figure 6. In-hospital major adverse cardiac events in failed and successful retrograde CTO PCIs.

Figure 7. Periprocedural complications of failed and successful retrograde CTO PCIs.

Variable	Overall (n=4108)	Retrogra de (n=1505)	Antegra de-only (n=2603)	P valu e
Age (years) ^a	64.5 ±	65.0 ±	64.2 ±	0.02
Male gender	10.1 84.2%	10.2 85.7%	10.0 83.4%	8 0.06 6
Coronary artery disease presentation				0.27 7
Stabile angina	65.0%	66.3%	64.4%	
Acute coronary syndrome	25.0%	24.8%	25.1%	
Other	9.9%	8.9%	10.5%	
Diabetes mellitus	42.1%	42.3%	42.0%	0.87 4
Dyslipidemia	89.4%	92.6%	87.6%	<0.0 01
Hypertension	90.6%	90.4%	90.7%	0.79 8
Prior myocardial infarction	47.6%	50.8%	45.8%	0.00 4
Congestive heart failure	30.7%	31.7%	30.2%	0.35 6
Prior percutaneous coronary intervention	64.3%	71.2%	60.4%	<0.0 01
Prior coronary artery bypass graft surgery	31.9%	44.8%	24.6%	<0.0 01
Estimated glomerular filtration rate (ml/min/1.73 m ²) ^a	72.7 ± 21.7	71.7 ± 21.7	73.3 ± 21.8	0.06 5
Peripheral artery disease	14.0%	16.6%	12.6%	<0.0 01
Left ventricular ejection fraction (%) ^b	54 (42, 60)	54 (40, 60)	54 (43, 60)	0.24 6

Table 1. Baseline characteristics of patients undergoing retrograde and antegrade-only

 CTO PCI.

^a mean ± standard deviation; ^b median (interquartile range)

CTO, chronic total occlusion; PCI, percutaneous coronary intervention.

Table 2. Angiographic characteristics of chronic total occlusions undergoing retrograde

 and antegrade-only PCI.

Variable	Overall (n=4201)	Retrograd e (n=1515)	Antegrad e-only (n=2686)	P value
Target vessel				<0.00 1
Right coronary artery	54.8%	67.0%	47.8%	
 Left anterior descending artery 	24.5%	16.3%	29.2%	_
Circumflex artery	19.4%	15.7%	21.5%	\mathcal{O}
• Other	1.3%	1.0%	1.5%	
Occlusion length (mm)	32.7 ± 23.0	41.8 ± 26.6	28.0 ± 19.3	<0.00 1
Proximal cap ambiguity	36.2%	55.6%	25.9%	<0.00 1
Interventional collaterals	57.0%	79.4%	45.1%	<0.00 1
Werner collateral classification				<0.00 1
Class 0	24.6%	10.1%	30.3%	
Class 1	51.6%	58.1%	49.0%	
Class 2	23.8%	31.8%	20.7%	
Moderate/severe calcification	52.9%	68.3%	43.6%	<0.00 1
Moderate/severe tortuosity	34.2%	46.6%	26.7%	<0.00 1
In-stent restenosis	16.6%	13.6%	18.3%	<0.00 1
Previously failed attempt	20.9%	26.3%	17.8%	<0.00 1
J-CTO Score ^a	2.4 ± 1.3	3.2 ± 1.1	2.0 ± 1.2	<0.00 1

PROGRESS CTO Score ^a	1.3 ± 1.0	1.4 ± 1.0	1.3 ± 1.1	0.020
CASTLE Score ^a	2.1 ± 1.3	2.8 ± 1.3	1.7 ± 1.2	<0.00 1
PROGRESS CTO Complication Score ^a	3.0 ± 1.9	4.0 ± 1.7	2.4 ± 1.8	<0.00 1

^a mean ± standard deviation

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Variable	Overall (n=4201)	Retrograde (n=1515)	Antegrade- only (n=2686)	P value
Dual injection	68.9%	85.9%	59.3%	<0.001
Crossing strategies used				
• AWE	84.4%	68.5%	93.5%	<0.001
• ADR	28.6%	36.1%	24.4%	<0.001
Retrograde	36.1%	100.0%	0.0%	<0.001
First crossing strategy				<0.001
• AWE	78.9%	55.4%	92.2%	
• ADR	7.0%	5.5%	7.8%	
Retrograde	14.1%	39.1%	0.0%	
Final crossing strategy	~			<0.001
• AWE	49.4%	7.9%	72.7%	
• ADR	17.2%	12.6%	19.8%	
Retrograde	22.0%	61.0%	0.0%	
None	11.5%	18.4%	7.6%	
Access site				
Right femoral	75.0%	82.8%	70.7%	<0.001
Left femoral	46.5%	61.1%	38.2%	<0.001
Right radial	38.9%	39.2%	38.7%	0.737
Left radial	19.8%	24.5%	17.2%	<0.001
Technical success	86.4%	79.21%	90.51%	<0.001
Number of stents ^a	2.4 ± 1.1	2.9 ± 1.1	2.1 ± 1.1	<0.001
Overall stent length (mm) ^a	70.4 ± 36.3	89.4 ± 36.5	61.5 ± 32.7	<0.001

Table 3. Technical characteristics ofCTO interventions in cases with the retrograde andantegrade only approaches.

^a mean ± standard deviation

ADR, antegrade dissection and re-entry; AWE, antegrade wire escalation.

Variable	Overall (n=410 8)	Retrogra de (n=1505)	Antegrade- only (n=2603)	P value
Procedural success	84.8%	75.4%	90.0%	<0.001
In-hospital major adverse cardiac event	2.36%	5.05%	0.81%	<0.001
Death	0.46%	1.06%	0.12%	<0.001
Acute myocardial infarction	0.85%	1.93%	0.23%	<0.001
Stroke	0.22%	0.40%	0.12%	0.083
Emergency re-intervention	0.29%	0.66%	0.08%	0.001
Emergency surgery	0.12%	0.20%	0.08%	0.363
Pericardiocentesis	0.80%	1.66%	0.31%	<0.001
Procedural complications	10.6%	18.9%	5.9%	<0.001
Perforation	4.53%	8.57%	2.19%	<0.001
Target vessel	1.83%	2.86%	1.23%	<0.001
 Collateral vessel 	0.58%	1.53%	0.04%	<0.001
Septal	0.34%	0.86%	0.04%	<0.001
 Epicardial 	0.32%	0.86%	0.00%	<0.001
• Other	0.17%	0.07%	0.23%	0.434
Peroration type				0.133
Ellis Class I	20.87%	17.50%	28.57%	
Ellis Class II	43.48%	41.25%	48.57%	
Ellis Class III	35.65%	41.25%	22.86%	

 Table 4. Procedural outcomes of retrograde and antegrade-only CTO PCIs.



Antegrade-only success	Retrograde success	Retrograde attempt antegrade success
------------------------	--------------------	--------------------------------------



reverse CART



Guidewire crossed

- 1. Sion (43.7%)
- 2. Pilot 200 (14.8%)
- 3. Fielder FC (9.6%)

Microcatheter crossed

- 1. Corsair (55.9%)
- 2. TurnPike LP (12.7%)
- 3. Caravel (9.6%)



Guidewire crossed

- 1. Sion (48.2%)
- 2. Fielder FC (18.1%)
- 3. Whisper MS (12.1%)

Microcatheter crossed

- 1. Caravel (31.2%)
- 2. TurnPike LP (30.3%)
- 3. Corsair (15.8%)



Guidewire crossed

- 1. Sion (36.5%)
- 2. Whisper MS (19.2%)
- 3. Fielder FC (15.4%)

Microcatheter crossed

- 1. Caravel (36.4%)
- 2. Corsair (30.6%)
- 3. TurnPike LP (18.4%)













Supplementary Material

Centers participating in the current study

- 1. Appleton Cardiology, Appleton, WI, USA;
- 2. Baylor Heart and Vascular Hospital, Dallas, TX, USA;
- 3. Beth Israel Deaconess Medical Center, Boston, MA, USA;
- 4. Central Arkansas Veterans Health System, Little Rock, AR, USA; rolntervention
- 5. Cleveland Clinic, Cleveland, OH, USA;
- 6. Columbia University, New York, NY, USA;
- 7. Emory University, Atlanta, GA, USA;
- 8. Henry Ford Hospital, Detroit, MI, USA;
- 9. Korgialeneio-Benakeio Hellenic Red Cross General Hospital of Athens, Athens, Greece:
- 10. Massachusetts General Hospital, Boston, MA, USA;
- 11. Medical Center of the Rockies, Loveland, CO, USA;
- 12. Meshalkin Siberian Federal Biomedical Research Center, Ministry of Health of Russian Federation, Novosibirsk, Russian Federation;
- 13. Minneapolis Heart Institute, Minneapolis, MN, USA;
- 14. Minneapolis VA Medical Center, Minneapolis, MN, USA;
- 15. Piedmont Heart Institute, Atlanta, GA, USA;

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16. PeaceHealth St. Joseph Medical Center, Bellingham, WA, USA;

17. St. Luke's Health System's Mid-America Heart Institute, Kansas City, MO, USA;

18. The Heart Hospital Baylor Plano, Plano, TX, USA;

19. Torrance Memorial Center, Torrance, CA, USA;

20. Tristar Centennial Medical Center, Nashville, TN, USA;

21. VA North Texas Health Care System, Dallas, TX, USA;

Jo, CA, U Joint Europhiener 22. UC San Diego / VA San Diego Healthcare System, San Diego, CA, USA;

23. UPMC Presbyterian, Pittsburgh, PA, USA.

Definitions (Supplement)

Adequate distal landing zone was defined as a distal vessel segment with a diameter of larger than 2.0 mm, and without diffuse disease. Angiographic assessment of collateral channels were performed as described by Werner (CC0 grade: no continuous connection; CC1 grade: threadlike continuous connection; CC2: side branch-like continuous connection).

Reverse controlled antegrade and retrograde subintimal tracking and dissection (reverse CART) was defined as retrograde wire crossing facilitated by antegrade balloon inflation thus allowing retrograde wire re-entry to proximal true lumen, whereas the CART technique was defined as retrograde balloon advancement and inflation to facilitate antegrade wire re-entry. Guide extension reverse CART was defined as antegrade insertion of a guide catheter extension to serve as target for the advancement of the retrograde guidewire. True-to-true retrograde wiring was defined as intraluminal wire crossing from the distal to proximal cap of the occlusion, and marker wire technique was defined as advancement of a retrograde guidewire to facilitate antegrade wire escalation (AWE) or antegrade dissection re-entry (ADR).

Procedural complications are the composite of in-hospital MACE, perforation, pericardial tamponade, vascular access complications, bleeding, contrast nephropathy, donor vessel dissection/thrombosis, aortocoronary dissection, equipment loss.

Supplementary Table 1. Collateral channel crossing techniques during successful and failed retrograde CTO PCIs.

Variable	Overall (n=1515)	Retrograd e success (n=922)	Retrograd e failure (n=593)	P value
Technical success	79.2%	98.4%	49.4%	0.000 1
Used collateral channel				
• Septal	62.0%	62.6%	61.1%	0.547 8
Epicardial – contralateral	29.9%	27.3%	33.9%	0.006
Epicardial – ipsilateral	3.0%	2.0%	4.6%	0.003 6
 Saphenous vein graft 	13.5%	14.0%	12.7%	0.454 6
 Left internal mammary artery 	1.7%	1.6%	1.9%	0.738 7
Number of collaterals used ^a	1.5 ± 0.8	1.4 ± 0.7	1.8 ± 0.8	0.000 1
Collateral crossing attempt #1				
Crossing technique				0.000 1
Surfing-only	58.4%	65.3%	47.2%	
 Contrast guided 	41.6%	34.7%	52.8%	
Successful wire crossing	65.6%	87.3%	31.3%	0.000 1
Successful microcatheter crossing	61.4%	84.8%	23.8%	0.000 1
Collateral crossing attempt #2				
Crossing technique				0.125 0
Surfing-only	61.0%	66.4%	56.3%	
Contrast guided	39.0%	33.7%	43.7%	
Successful wire crossing	35.1%	63.3%	12.5%	0.000 1
Successful microcatheter crossing	32.5%	61.8%	8.3%	0.000 1

Collateral crossing attempt #3				
Crossing technique				0.446 0
Surfing-only	55.1%	59.5%	51.8%	
Contrast guided	44.9%	40.5%	48.2%	
Successful wire crossing	50.5%	90.9%	21.3%	0.000 1
Successful microcatheter crossing	48.0%	90.9%	15.5%	0.000 1
Successful collateral crossing	75.3%	100.0%	35.0%	0.000 1
Final collateral crossing technique				0.048 2
Surfing-only	73.5%	75.5%	64.5%	\mathcal{O}
Contrast guided	26.5%	24.5%	35.5%	
Finally crossed collateral channel		- A	0.	0.000 1
Septal	61.1%	63.1%	40.0%	
Epicardial – contralateral	20.8%	18.3%	46.7%	
Epicardial – ipsilateral	3.8%	4.2%	0.0%	
 Saphenous vein graft 	13.1%	13.1%	13.3%	
 Left internal mammary artery 	1.1%	1.3%	0.0%	

^a mean ± standard deviation

Supplementary Table 2. Multivariable analysis for predicting technical failure of retrograde CTO PCI.

Variable	Odds Ratio	Lower Cl 95%	Upper Cl 95%	P value
CASTLE score ^a [per 1 unit increase]	1.22	1.04	1.42	0.013
eGFR [per 1 unit increase]	0.99	0.99	1.00	0.154
PROGRESS CTO score ^b [per 1 unit increase]	1.28	1.05	1.56	0.017
Prior PCI	1.29	0.85	2.00	0.237
Prior Failed CTO PCI Attempt	1.46	0.96	2.22	0.077
Dual Injection	0.59	0.35	1.00	0.050
Radial Access Used	0.67	0.46	0.98	0.039
Smoking	1.09	0.67	1.74	0.718
>2 CTO PCI During The Same Procedure	3.28	1.33	8.02	0.010
IVUS Use For Crossing	0.81	0.44	1.44	0.489

^a Described bySzijgyarto et al. ^b Described by Christopoulos et al.

CI, confidence interval; CTO, chronic total occlusion; eGFR, estimated glomerular filtration rate; IVUS, intravascular ultrasound; PCI, percutaneous coronary intervention.

Supplementary Table 3. Multivariable analysis for in-hospital major adverse cardiac events (MACE).

	Odds Ratio	Lower Cl 95%	Upper Cl 95%	P value
CASTLE score ^a [per 1 unit increase]	1.30	1.05	1.61	0.015
eGFR [per 1 unit increase]	0.99	0.98	1.00	0.054
>2 CTO Lesions Treated During The Same Procedure	3.21	1.04	8.13	0.043
Prophylactic LVAD Use	2.53	0.96	5.81	0.060
Female Gender	1.89	0.98	3.46	0.058
Retrograde Approach	3.94	2.01	8.20	<0.00 1
Peripheral Artery Disease	1.81	0.92	3.38	0.085
COV Prior MI	1.29	0.75	2.26	0.361
Interventional Collaterals	1.61	0.85	3.26	0.150
Prior Failed CTO PCI Attempt	1.47	0.79	2.66	0.218

^a Described by Szijgyarto et al. CI, confidence interval; CTO, chronic total occlusion; eGFR, estimated glomerular filtration rate; LVAD, left ventricular assist device; MI, myocardial infarction; PCI, percutaneous coronary intervention.

Supplementary Table 4. Temporal trends of technical and procedural outcomes of CTO PCI with using the retrograde approach.

	2012	2013	2014	2015	2016	2017	2018	P valu e
Overall CTO PCI success rate (including antegrade-only cases)	91.1%	88.1%	87.6%	84.6%	81.0%	82.7%	84.5%	<0.0 01
Outcomes of the retrograde approach								
Prevalence *	39.3%	42.9%	36.8%	42.8%	40.2%	30.4%	29.9%	<0.0 01
J-CTO score * ^a	3.1 ± 0.9	3.2 ± 1.0	2.7 ± 1.1	3.3 ± 1.0	3.2 ± 1.1	3.0 ± 1.1	3.4 ± 1.1	<0.0 01
Final successful crossing strategy *			2/1					0.01 0
• AWE	5.1%	11.6%	8.6%	5.6%	9.0%	7.4%	7.7%	
• ADR	13.0%	15.2%	13.7%	18.8%	13.4%	7.1%	9.8%	
Retrograde	68.8%	60.4%	61.9%	54.9%	58.2%	65.5%	61.1%	
• None COY	13.0%	12.8%	15.8%	20.7%	19.5%	20.0%	21.4%	
Technical success	86.7%	86.6%	82.0%	77.5%	75.4%	78.1%	76.1%	0.01 4
Procedural success	85.4%	83.1%	78.1%	73.0%	72.8%	73.4%	69.6%	0.00 4
In-hospital MACE	1.46%	3.75%	6.57%	7.58%	6.33%	4.93%	3.52%	0.13 2

Procedural time (min) ^b	156 (114,	160 (110,	200 (142,	225 (174,	197 (150,	183 (129,	179 (146,	<0.0
	191)	211)	268)	272)	264)	245)	230)	01
Fluoroscopy time (min) ^b	64.8 (49.3, 90.5)	69.3 (46.5, 91.8)	82.4 (57.8, 107.2)	84.6 (66.7, 110.0)	77.8 (58.0, 103.0)	82.5 (62.4, 108.6)	82.1 (62.0, 99.8)	<0.0 01
Contrast volume (ml) ^b	350 (225,	275 (210,	300 (220,	350 (249,	300 (229,	300 (200,	210 (150,	<0.0
	480)	395)	400)	450)	425)	396)	293)	01
Air Kerma radiation (Gray) ^b	5.7 (4.5,	3.2 (2.2,	4.1 (2.5,	3.9 (2.5,	2.9 (1.8,	3.5 (2.0,	3.2 (1.6,	<0.0
	8.2)	5.6)	5.8)	5.6)	4.3)	5.0)	4.9)	01

* per lesion based
^a mean ± standard deviation ^b median (interquartile range)
ADR, antegrade dissection re-entry; AWE, antegrade wire escalation; J, Japanese; MACE, major adverse cardiac event. copyright Full

Variable	Overall (n=4108)	Retrograd e (n=1505)	Antegrad e-only (n=2603)	P value
Baseline clinical characteristics				
Body mass index (kg/m²) ^b	30.6 ± 6.3	30.7 ± 6.1	30.5 ± 6.3	0.367
Smoking (current)	26.2%	24.9%	26.9%	0.205
CCS angina classification				0.297
 CCS 2≤ 	89.7%	90.5%	89.2%	2
• <ccs 2<="" th=""><th>10.3%</th><th>9.5%</th><th>10.8%</th><th>b.</th></ccs>	10.3%	9.5%	10.8%	b.
Family history of coronary artery disease	34.4%	37.6%	32.7%	0.009
Prior valve surgery or procedure	3.0%	3.7%	2.5%	0.050
Baseline creatinine (mg/dL) °	1.0 (0.9, 1.2)	1.1 (0.9, 1.2)	1.0 (0.9, 1.2)	0.090
Currently on dialysis	2.4%	2.5%	2.3%	0.694
Prior cerebrovascular disease	11.2%	11.7%	11.0%	0.478
Chronic pulmonary disease	14.1%	16.2%	12.9%	0.007
Angiographic characteristics ^a				
Vessel diameter (mm) ^a	2.9 ± 0.5	3.0 ± 0.5	2.8 ± 0.5	<0.00 1
Collateral filling ^a				<0.00 1
Contralateral ^a	48.7%	64.0%	40.7%	
Ipsilateral ^a	21.3%	12.5%	25.8%	
 Contralateral & ipsilateral 	27.4%	22.0%	30.2%	
• None ^a	2.7%	1.5%	3.3%	

Supplementary Table 5. Baseline, angiographic, technical, and procedural characteristics of retrograde versus antegrade-only CTO PCI.

Rentrop collateral filling ^a

Rentrop 0 ^a	3.5%	2.1%	4.1%			
Rentrop 1 ^a	17.0%	20.4%	15.6%			
Rentrop 2 ^a	43.4%	40.8%	44.4%			
Rentrop 3 ^a	36.1%	36.7%	35.9%			
Side branch at proximal cap ^a	52.7%	60.5%	48.5%	<0.00 1		
Blunt/no stump ^a	52.4%	73.1%	41.7%	<0.00 1		
Distal cap at bifurcation ^a	33.9%	48.4%	26.4%	<0.00 1		
Adequate distal landing zone ^a	67.7%	53.4%	75.1%	<0.00 1		
Technical ^a and procedural characteristics						
Intravascular ultrasound use ^a	29.1%	36.0%	25.2%	<0.00 1		
Facilitate wiring ^a	9.7%	15.7%	6.25%	<0.00 1		
Stent optimization ^a	15.0%	16.8%	14.0%	0.012		
• Other ^a	3.1%	3.3%	2.9%	0.473		
Vascular access complication	1.46%	2.06%	1.11%	0.015		
Equipment loss	0.22%	0.40%	0.12%	0.083		
Donor artery dissection/thrombosis	0.97%	1.66%	0.58%	<0.00 1		
Bleeding	0.97%	1.59%	0.61%	0.002		
Aortocoronary dissection	0.17%	0.27%	0.12%	0.268		
Contrast induced nephropathy	0.27%	0.40%	0.19%	0.226		
^a Per lesion-based percentages.						

^b mean ± standard deviation; ^c median (interquartile range)