Meta-analysis of transcatheter aortic valve implantation versus surgical aortic valve replacement in patients at low surgical risk



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KEYWORDS

 aortic stenosis risk stratification

• TAVI

Abstract

Aims: Although transcatheter aortic valve implantation (TAVI) is officially indicated for severe aortic stenosis (AS) patients at intermediate or higher surgical risk, the procedure is now increasingly being performed in patients who are at low surgical risk. Data on the benefit of TAVI in this patient population are limited. We therefore aimed to perform an updated meta-analysis of all published randomised controlled trials (RCTs) and propensity score-matched studies comparing TAVI versus surgical aortic valve replacement (SAVR) in patients at low surgical risk.

Methods and results: We conducted a systematic review and meta-analysis of RCTs and observational studies with propensity score matching (PSM) of TAVI versus SAVR in patients who are at low surgical risk (mean STS score <4% and/or logistic EuroSCORE <10%). The primary outcome was mortality (examined at 30 days, one year and the longest available follow-up). The secondary outcomes included procedural complications. Nine studies (n=6,124) were included. TAVI was associated with a numerically, but not statistically, significant reduced mortality at 30 days (1.45% vs 2.1%, p=0.05), and similar mortality at one year (5.1% vs 5.0%, p=0.74) and a median of two years (10.8% vs 9.8%, p=0.15). For both time points, there was significant heterogeneity between RCT/PSM studies, with the former suggesting survival advantage for TAVI and the latter for SAVR. In terms of periprocedural complications, TAVI was associated with reduced risk for stroke, bleeding and renal failure and an increase in vascular complications and pacemaker implantation.

Conclusions: In patients who are at low surgical risk, TAVI seems to be associated with equivalent mortality up to a median follow-up of two years compared to SAVR. More data are required before TAVI can be routinely considered as an alternative to SAVR in low-risk patients.

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Abbreviations

- AKI acute kidney injury AS aortic stenosis CI confidence interval CVA cerebrovascular accident
- МІ myocardial infarction
- OR odds ratio
- PMI pacemaker implantation
- PSM propensity score matching
- RCT randomised controlled trial
- SAVR
- surgical aortic valve replacement
- TAVI transcatheter aortic valve implantation

Introduction

The availability of transcatheter aortic valve implantation (TAVI) has revolutionised the treatment of patients with symptomatic aortic stenosis (AS) over the past decade.

TAVI was shown to be superior to conservative management in patients who are inoperable¹, and at least equivalent to surgical aortic valve replacement (SAVR) among patients who are at high^{2,3} and intermediate^{4,5} surgical risk.

The annual volume of TAVI procedures is growing exponentially. Real-world data show a decline in the average risk profile of TAVI patients⁶. The next step in the evolution of TAVI is the expansion of its indication to include low-risk patients as well. Data on the outcomes of TAVI versus SAVR in low-risk patients are limited: a meta-analysis published in 2018 found that in lowrisk patients TAVI was associated with an increase in intermediate-term mortality7, but this was based on data from two small randomised controlled trials (RCTs) and four propensity scorematched (PSM) studies only. The recent publication of two pivotal RCTs of TAVI versus SAVR in low-risk patients^{8,9} offered an opportunity to re-examine the available data on the balance between TAVI/SAVR in this patient population. A subsequent updated meta-analysis of RCTs comparing TAVI versus SAVR in all risk groups found a survival advantage for TAVI which was consistent across all risk strata¹⁰. Although RCTs constitute the highest level of clinical evidence, their selection process entails an inherent bias¹¹ and therefore caution should be employed when applying their conclusions to real-world patients, who in many cases would not fulfil the inclusion criteria of RCTs. In this setting, it is important to examine whether the results of real-world patients are consistent with those reported in RCTs.

We therefore performed an updated meta-analysis of all published RCTs and PSM studies comparing TAVI versus SAVR in patients at low surgical risk.

Materials and methods

The registered study protocol is available on PROSPERO (CRD42017060014). We searched Medline, Embase, and Cochrane CENTRAL from April 2017 (the latest search in our previous meta-analysis) up to June 2019, for studies comparing TAVI and SAVR.

Studies that met the following criteria were considered for inclusion:

- Study design was either an RCT or observational study using propensity score matching to create patient groups with similar baseline characteristics.
- Reported the mean surgical risk of the TAVI and SAVR groups using the Society of Thoracic Surgeons (STS) score and/or logistic EuroSCORE.
- Patients were at low surgical risk for SAVR, as defined by a mean STS score <4% and/or logistic EuroSCORE <10%. In case the authors reported both STS and logistic EuroSCORE data and the results were discordant, we used the STS data for eligibility.

All titles and abstracts were screened, and those thought possibly to meet the inclusion criteria were screened for eligibility using the full text.

Studies were excluded if:

- The manuscript did not include data on overall mortality for at least short-term follow-up (either in-hospital or 30 days).

Two reviewers (G. Witberg and U. Landes) independently extracted the data; conflicts were resolved by a third reviewer (A. Lador). For all outcomes, data were extracted for the largest patient population evaluated. The primary outcomes were all-cause mortality (30-day, one-year, and the longest available follow-up). Secondary outcomes were periprocedural (in-hospital/30-day) outcomes: cerebrovascular accident (CVA), myocardial infarction (MI), acute kidney injury (AKI), bleeding (as defined in the individual studies - 5/8 studies used the Valve Academic Research Consortium [VARC]/VARC-2 criteria^{12,13}), vascular complications, and the need for pacemaker implantation (PMI).

Two authors assessed the risk of bias (G. Witberg and U. Landes). Cochrane's handbook tool¹⁴ was used to assess the RCTs. The Newcastle-Ottawa scale was used to assess the quality of the PSM studies¹⁵. The reviewers resolved conflicts through consensus.

A systematic review and meta-analysis was performed in compliance with the Cochrane Collaboration and Preferred Reporting Items for Systematic Reviews and Meta-Analyses Statement¹⁴. Meta-analysis was performed using Review Manager (RevMan) software. Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014.

Heterogeneity between the included trials was assessed using the chi-squared test for heterogeneity and the I² measure of inconsistency¹⁶, but the choice between a random/fixed effects model was not determined by the results of statistical tests for heterogeneity, but rather, as recently recommended by a scientific statement of the American Heart Association¹⁷, by evaluating the functional similarity between the included studies and the goal of estimating a common effect size that will be applicable to similar populations to those included in this meta-analysis. Fixed effects, pooled estimates of odds ratios (ORs) with 95% confidence intervals (CIs) were calculated using the Mantel-Haenszel method. For random effects, the DerSimonian and Laird random method

was used. Reported values are two-tailed, and hypothesis-testing results were considered significant at p < 0.05.

Comparisons were subcategorised by the study's design (RCT/ $\ensuremath{\mathsf{PSM}}\xspace).$

Results

The results of the study selection process are shown in **Figure 1**. Our initial search yielded 1,827 citations, 58 of which were judged to be potentially eligible and underwent full text review. Ten studies were found to be eligible for inclusion after full text review, four RCTs^{8,9,18,19} and six PSM studies²⁰⁻²⁵. There were two studies from the OBSERVANT registry^{20,23}, of which only the study by Rosato et al²³ intentionally included only low surgical risk patients, while the study by Fraccaro et al²⁰ was limited to patients older than 80 and intended to include also intermediate-risk patients. We therefore included the study by Rosato et al and excluded the study by Fraccaro et al as a duplicate publication. From the study by Piazza et al²², we used the mortality data on the subgroup of patients with STS score <4 rather than the overall results that included intermediate-risk patients as well.

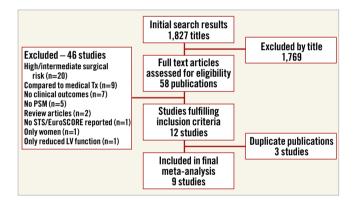


Figure 1. Study selection process for inclusion in the meta-analysis. LV: left ventricle; PSM: propensity score matching; SAVR: surgical aortic valve replacement; STS: Society of Thoracic Surgeons

The aggregated sample size was 6,124 patients (2,764 RCT and 3,360 PSM patients). The characteristics of the trials included in this meta-analysis are shown in **Supplementary Table 1**.

All of the PSM studies were ranked as good quality according to the Newcastle-Ottawa scale (score range 7-9). In addition, all of the RCTs were at low risk of bias in terms of the generation of randomisation and concealment of allocation. Due to the invasive nature of the examined interventions, none was blinded

- Supplementary Figure 1 contains the full assessment of bias. A summary of the major comorbidities, and of the clinical and echocardiographic characteristics of the patients included in the meta-analysis is presented in Supplementary Table 2.

CLINICAL OUTCOMES

Forest plots for overall mortality are shown in Figure 2. Periprocedural mortality showed a numerically, but not statistically significant reduced mortality with TAVI vs SAVR (1.4% [44/3,086] and 2.1% [64/3,038], respectively [OR 0.68, 95% CI: 0.46-1.00, p=0.05]). One-year mortality was 5.1% (109/2,125) and 5.0% (102/2,028) for TAVI and SAVR, respectively (OR 1.05, 95% CI: 0.79-1.39, p=0.74). At the longest available follow-up (median two years), the risk of mortality was 10.8% (264/2,432) and 9.8% 229/2,333) for TAVI and SAVR, respectively (OR 1.15, 95% CI: 0.95-1.40, p=0.15).

For both one-year and the longest available mortality, there was significant heterogeneity between the PSM/RCT subgroups (I²=82.5% and 75.3%), with the RCT group suggesting a trend towards reduced mortality with TAVI at one year (OR 0.65, 95% CI: 0.40-1.05, p=0.08, I²=0%), or no difference for a median of two years (OR 0.86, 95% CI: 0.62-1.22, p=0.40), and the PSM group suggesting a trend towards increased mortality with TAVI at one year (OR 1.35, 95% CI: 0.95-1.91, p=0.09, I²=0%), and significant increase in mortality at a median of two years (OR 1.32, 95% CI: 1.05-1.67, p=0.02) (Figure 2A-Figure 2C).

PERIPROCEDURAL COMPLICATIONS

Periprocedural complications are summarised in **Supplementary Table 3** and the corresponding forest plots are shown in **Figure 3**. TAVI was associated with reduced risk for CVA, AKI and bleeding (**Figure 3A, Figure 3C, Figure 3D**), There was no difference in the risk for MI between TAVI and SAVR (**Figure 3B**), and the risk for PMI and vascular complications was higher with TAVI (**Figure 3E, Figure 3F**).

Increased risk for vascular complications with TAVI was much lower in the RCTs compared to PSM studies (OR 1.34 and OR 10.01, respectively), and in fact was not statistically different between TAVI versus SAVR in the RCT patients only (p=0.21).

A trial sequential analysis for mortality at a median follow-up of two years suggested that a sample size of 15,463 patients will be required for a definitive meta-analysis (compared to 4,675 patients included in this meta-analysis for this outcome) and that the current Z-score did not cross either the futility or O'Brien-Fleming boundaries (**Figure 4**).

Discussion

We conducted a systematic review and meta-analysis of all RCTs and PSM studies evaluating TAVI versus SAVR for patients with severe AS who are at low surgical risk.

Our main findings are:

- Mortality for a median of two years was low, as would be expected in low-risk patients.
- TAVI was associated with lower short-term mortality (32% reduction) and CVA (30% reduction), although both were statistically non-significant (p=0.05 for both), and higher risk for vascular complications and PMI.
- Mortality at one year and a median of two years of follow-up was similar between TAVI and SAVR, but there was significant heterogeneity between study types with RCTs suggesting better results for TAVI at one year and equivalent results at two years,

A Study or subgroup	T/ Events	AVI Total	SA Events	IVR Total	Weight	Odds ratio M-H, Fixed, 95% Cl	Year	Odds ratio M-H, Fixed, 95% Cl
3.1.1 RCT Nielsen 2012 Thyregod 2015 Popma 2019 Mack 2019 Subtotal (95% CI) Total events Heterogeneity Chi ² =2.73, df= Test for overall effect: Z=1.65		34 142 734 496 1,406 ² =0%	0 5 10 5 20	36 134 734 454 1,358	0.7% 7.9% 15.6% 8.2% 32.3%	5.62 [0.26, 121.32] 0.56 [0.13, 2.38] 0.40 [0.12, 1.27] 0.36 [0.07, 1.88] 0.54 [0.26, 1.12]	2012 2015 2019 2019	
3.1.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity Chi ² =3.88, df= Test for overall effect: Z=1.26		216 355 805 304 1,680 ² =23%	9 10 14 11 44	216 355 805 304 1,680	13.8% 15.3% 21.5% 17.0% 67.7%	0.43 [0.13, 1.43] 0.90 [0.36, 2.24] 1.15 [0.56, 2.36] 0.36 [0.11, 1.13] 0.75 [0.47, 1.18]	2015 2016 2017 2019	
Total (95% CI) Total events Heterogeneity Chi ² =7.37, df= Test for overall effect: Z=1.97 Test for subgroup differences	7 (<i>p</i> =0.05)		64 .47); I²=0%	3,038	100.0%	0.68 [0.46, 1.00]		0.01 0.1 1 10 Favours (TAVI) Favours (SAVR)
B Study or subgroup	Events	TAVI Total	Events	SAVR Total	Weight	Odds ratio M-H, Fixed, 95% CI	Year	Odds ratio M-H, Fixed, 95% Cl
3.2.1 RCT Thyregod 2015 Mack 2019 Popma 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =1.06, df= Test for overall effect: Z=1.74		142 496 725 1,363	10 11 20 41	134 454 678 1,266	10.2% 11.8% 21.0% 43.1%	0.64 [0.24, 1.74] 0.41 [0.14, 1.19] 0.79 [0.41, 1.52] 0.65 [0.40, 1.05]	2015 2019 2019	•
3.2.2 PSM Piazza 2010 low-risk group Schymik 2015 Rosato 2016 Subtotal (95% CI) Total events Heterogeneity: Chi ² =1.85, df- Test for overall effect: Z=1.67		191 216 355 762 I ² =0%	17 16 28 61	191 216 355 762	16.3% 14.7% 25.9% 56.9%	0.87 [0.42, 1.80] 1.64 [0.85, 3.16] 1.48 [0.89, 2.46] 1.35 [0.95, 1.91]	2015 2016	
Total (95% CI) Total events Heterogeneity: Chi ² =8.43, df= Test for overall effect: Z=0.33 Test for subgroup differences	109 =5 (<i>p</i> =0.13); 3 (<i>p</i> =0.74)		102 .02): l ² =82.	2,028 5%	100.0%	1.05 [0.79, 1.39]		0.01 0.1 1 10 Favours (TAVI) Favours (SAVR)
C Study or subgroup	Events	TAVI Total		SAVR Total	Weight	Odds ratio M-H, Fixed, 95% CI	Year	Odds ratio M-H, Fixed, 95% Cl
3.3.1 RCT Thyregod 2015 Mack 2019 Popma 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =2.15, df- fest for overall effect: Z=0.84		145 496 725 1,366 I ² =7%	39 11 31 81	135 454 678 1 ,267	15.2% 5.9% 16.0% 37.1%	0.94 [0.56, 1.58] 0.41 [0.14, 1.19] 0.96 [0.58, 1.60] 0.86 [0.62, 1.22]	2015 2019 2019	
3.3.2 PSM Piazza 2010 low-risk group Schymik 2015 Rosato 2016 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =8.06, df- Test for overall effect: 2=2.33	15 43 91 38 187 =3 (<i>p</i> =0.04);	191 216 355 304 1,066 I ² =63%	17 31 56 44 148	191 216 355 304 1,066	8.2% 12.9% 21.7% 20.1% 62.9%	0.87 [0.42, 1.80] 1.48 [0.89, 2.46] 1.84 [1.27, 2.67] 0.84 [0.53, 1.35] 1.32 [1.05, 1.67]	2015 2016 2019	
fotal (95% CI) Fotal events Heterogeneity: Chi ² =14.02, d' fest for overall effect: Z=1.44 Fest for subgroup differences	264 f=6 (<i>p</i> =0.03) 4 (<i>p</i> =0.15)		229 .04); I ² =75.	2,333 3%	100.0%	1.15 [0.95, 1.40]		0.01 0.1 1 10 Favours (TAVI) Favours (SAVR)

Figure 2. Mortality. Forest plots of the odds ratios for 30-day (A) and one-year (B) and longest available (median two-year) (C) mortality for TAVI versus SAVR. SAVR: surgical aortic valve replacement; TAVI: transcatheter aortic valve implantation

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A	. .	TAVI		AVR		Odds ratio	v	Odds ratio
Study or subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	Year	M-H, Fixed, 95% Cl
4.1.1 RCT Nielsen 2012	3	34	1	36	1.2%	3.39 [0.33, 34.27]	2012	
Thyregod 2015	2	142	4	134	5.4%	0.46 [0.08, 2.58]	2012	
Popma 2019	25	725	25	678	32.9%	0.93 [0.53, 1.64]	2019	
Mack 2019 Subtotal (95% CI)	3	496 1,397	11	454 1,302	15.1% 54.5%	0.25 [0.07, 0.88] 0.75 [0.47, 1.19]	2019	
Total events	33	1,337	41	1,302	J4.J /0	0.73 [0.47, 1.13]		
Heterogeneity: Chi ² =5.43, df=3		l ² =45%						
Test for overall effect: $Z=1.22$ (μ	=0.22)							
4.1.2 PSM	0	010	0	010	0.00/	1 51 50 05 0 111	0015	
Schymik 2015 Rosato 2016	3 4	216 355	2 3	216 355	2.6% 3.9%	1.51 [0.25. 9.11] 1.34 [0.30, 6.02]	2015 2016	
Frerker 2017	10	805	14	805	18.3%	0.71 [0.31, 1.61]	2010	_
/irtanen 2019	6	304	16	304	20.7%	0.36 [0.14, 0.94]	2019	
Subtotal (95% CI) Fotal events	23	1,680	35	1,680	45.5%	0.65 [0.38, 1.11]		•
Heterogeneity: Chi ² =3.21, df=3		l ² =7%	30					
Fest for overall effect: Z=1.58 (µ								
otal (95% CI)		3,077		2,982	100.0%	0.70 [0.50, 1.00]		•
otal events	56	12 000/	76					
Heterogeneity: Chi²=8.80, df=7 Fest for overall effect: Z=1.96, (I=20%						0.01 0.1 1 10 10
Fest for subgroup differences: C		df=1 (<i>p</i> =0.	70); I²=0%					Favours (TAVI) Favours (SAVR)
В		TAVI	s	AVR		Odds ratio		Odds ratio
 Study or subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	Year	M-H, Fixed, 95% Cl
I.2.1 RCT	_							
lielsen 2012 hyregod 2015	2 4	34 142	0 8	36 134	1.4% 25.1%	5.62 [026, 121.32] 0.46 [0.13, 1.55]	2012 2015	
Mack 2019	5	496	6	454	19.5%	0.76 [0.23, 2.51]	2013	
Popma 2019	7	725	10	678	32.1%	0.65 [0.25, 1.72]	2019	
Subtotal (95% CI)	18	1,397	24	1,302	78.1%	0.71 [0.38, 1.30]		•
Total events Heterogeneity: Chi ² =2.28, df=3	(<i>p</i> =0.52);	I ² =0%	24					
Test for overall effect: Z=1.12 (µ	=0.26]							
4.2.2 PSM Schymik 2015	1	216	2	216	6.2%	0.50 [0.04, 5.53]	2015	
Frerker 2017	2	805	5	805	15.7%	0.40 [0.08, 2.06]	2017	
Subtotal (95% CI)		1,021	-	1,021	21.9%	0.43 [0.11, 1.66]		
Total events Heterogeneity: Chi²=0.02, df=1	3 (n=0.88).	l2-0%	7					
Fest for overall effect: Z=1.23 (µ		1 = 0 /0						
lotal (95% CI)		2,418		2,323	100.0%	0.64 [0.37, 1.12]		•
Total events	21		31					
Heterogeneily: Chi ² =2.66, df=5 Fest for overall effect: Z=1.56 (<i>p</i>		I²=0%						0.01 0.1 1 10 10
Test for subgroup diiferences: Cl		df=1 (<i>p</i> =0.5	51), I²=0%					Favours (TAVI) Favours (SAVR)
C		TAVI	ç	AVR		Odds ratio		Odds ratio
Study or subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	Year	M-H, Fixed, 95% Cl
I.3.1 RCT								
Vielsen 2012	1	34	1	36	0.3%	1.06 [0.06, 17.66]	2012	
Thyregod 2015 Popma 2019	16 18	142 725	28 55	134 678	8.3% 17.9%	0.48 [0.25, 0.94] 0.29 [0.17, 0.50]	2015 2019	
Mack 2019	6	496	54	454	18.0%	0.09 [0.04, 0.21]	2019	
		1,397	120	1,302	44.5%	0.25 [0.17, 0.36]		◆
Subtotal (95% CI)	41		138					
Subtotal (95% CI) Total events	41 3 (<i>p</i> =0.02): ² =71%						
Subtotal (95% CI) otal events leterogeneity: Chi²=10. 41, df=	3 (<i>p</i> =0.02							
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10, 41, df= Test for overall effect: Z=7.53 (p 1.3.2 PSM	3 (<i>p</i> =0.02 ><0.00001]						
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (<i>p</i> 8.3.2 PSM Schymik 2015	3 (<i>p</i> =0.02 ><0.00001 14	216	78	216	23.6%	0.12 [0.07, 0.23]	2015	
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (<i>p</i> 1.3.2 PSM Schymik 2015 Rosato 2016	3 (<i>p</i> =0.02 ><0.00001]	78 48 3	216 355 805	23.6% 14.9% 0.9%	0.12 [0.07, 0.23] 0.26 [0.14, 0,49] 9.28 [2.80, 30.71]	2015 2016 2017	
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (p 1.3.2 PSM Schymik 2015 Rosato 2016 Terker 2017 Virtanen 2019	3 (<i>p</i> =0.02 ><0.00001 14 14] 216 355 805 304	48	355 805 304	14.9% 0.9% 16.1%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26]	2016	
Subtotal (95% CI) fotal events Heterogeneity: Chi ² =10. 41, df= fest for overall effect: Z=7.53 (<i>p</i> 1.3.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI)	3 (<i>p</i> =0.02 ><0.00001 14 14 27 7	216 355 805	48 3 51	355 805	14.9% 0.9%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71]	2016 2017	
subtotal (95% CI) otal events leterogeneity: Chi ² =10. 41, df= est for overall effect: Z=7.53 (p 1.3.2 PSM schymik 2015 Rosato 2016 rerker 2017 rirtanen 2019 Subtotal (95% CI) otal events	3 (<i>p</i> =0.02 ><0.00001 14 14 27 7 62	216 355 805 304 1,680	48 3 51 180	355 805 304	14.9% 0.9% 16.1%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26]	2016 2017	
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (p 1.3.2 PSM Schymik 2015 Rosato 2016 Terker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =45.94, df=3	3 (p=0.02 ><0.00001 14 14 27 7 62 8 (p<0.000	216 355 805 304 1,680 001); I ² =935	48 3 51 180	355 805 304	14.9% 0.9% 16.1%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26]	2016 2017	
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (µ 4.3.2 PSM Schymik 2015 Rosato 2016 Tereker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =45.94, df=3 Fest for overall effect: Z=7.70 (µ Total (95% CI)	3 (<i>p</i> =0.02 ><0.00001 14 14 27 7 62 8 (<i>p</i> <0.000 ><0.00001	216 355 805 304 1,680 001); I ² =935	48 3 51 180 %	355 805 304	14.9% 0.9% 16.1%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26]	2016 2017	• •
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (<i>µ</i> 4.3.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =45.94, df=3 Test for overall effect: Z=7.70 (<i>µ</i> Total (95% CI) Total events	3 (p=0.02 ><0.00001 14 14 27 7 62 8 (p<0.000 ><0.00001 103	216 355 805 304 1,680 001); I ² =935 0 3,077	48 3 51 180 % 318	355 805 304 1,680	14.9% 0.9% 16.1% 55.5%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26] 0.31 [0.23, 0.42]	2016 2017	• •
Subtotal (95% CI) Total events Heterogeneity: Chi ² =10. 41, df= Test for overall effect: Z=7.53 (<i>µ</i> 1.3.2 PSM 1.3.2 PSM Colson 2015 Rosato 2016 rerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =45.94, df=3 Fest for overall effect: Z=7.70 (<i>µ</i> Fotal (95% CI)	3 (p=0.02 ><0.00001 14 14 27 7 62 8 (p<0.000 ><0.00001 103 7 (p<0.000	216 355 805 304 1,680 001); I ² =935 .) 3,077 001); I ² =875	48 3 51 180 % 318	355 805 304 1,680	14.9% 0.9% 16.1% 55.5%	0.26 [0.14, 0,49] 9.28 [2.80, 30.71] 0.12 [0.05, 0.26] 0.31 [0.23, 0.42]	2016 2017	0.01 0.1 1 10 10 Favours (TAVI) Favours (SAVR)

Figure 3. Periprocedural complications. Forest plots of the odds ratio for periprocedural CVA (A), MI (B), major bleeding (C), AKI (D), PMI (E), and vascular complications (F) after TAVI versus SAVR in low-risk patients. AKI: acute kidney injury; CVA: cerebrovascular accident; MI: myocardial infarction; PMI: pacemaker implantation; SAVR: surgical aortic valve replacement; TAVI: transcatheter aortic valve implantation

D Study or subgroup	Events	TAVI Total	S Events	AVR Total	Weight	Odds ratio M-H, Fixed, 95% Cl	Year	Odds ratio M-H, Fixed, 95% Cl
4.4.1 RCT Nielsen 2012 Thyregod 2015 Mack 2019 Popma 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =3.30, df=3 Test for overall effect: Z=3.82 (34 142 496 725 1,397 I ² =9%	0 9 8 21 38	36 134 454 678 1,302	0.4% 7.0% 6.3% 16.3% 29.9%	3.27 [0.13, 83.03] 0.10 [0.01, 0.79] 0.23 [0.05, 1.07] 0.31 [0.13, 0.72] 0.28 [0.14, 0.53]	2012 2015 2019 2019	
4.4.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =1.72, df=3 Test for overall effect: Z=4.80 (4 25 5 7 41 (p=0.63); 1		7 50 20 20 97	216 355 805 304 1,680	5.2% 35.1% 15.0% 14.8% 70.1%	0.56 [0.16, 1.95] 0.46 [0.28, 0.77] 0.25 [0.09, 0.66] 0.33 [0.14, 0.80] 0.40 [0.27, 0.58]	2015 2016 2017 2019	
Total (95% CI) Total events Heterogeneity: Chi ² =5.81, df=7 Test for overall effect: Z=6.12 (52 (<i>p</i> =0.56);	3,077 I²=0%	135	2,982	100.0%	0.36 [0.26, 0.50]		◆
Test for subgroup differences: C			35), I²=0%					0.01 0.1 1 10 100 Favours (TAVI) Favours (SAVR)
E Study or subgroup	Events	TAVI Total	S Events	AVR Total	Weight	Odds ratio M-H, Fixed, 95% CI	Year	Odds ratio M-H, Fixed, 95% Cl
4.5.1 RCT Nielsen 2012 Thyregod 2015 Mack 2019 Popma 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =14.82, di= Test for overall effect: Z=8.13 (1 2 18 45 66	36 134 454 678 1,302	0.8% 1.3% 16.0% 34.9% 53.1%	2.19 [0.19, 25.30] 31.63 [7.49, 133.47] 1.67 [0.92, 3.02] 3.02 [2.11, 4.31] 3.28 [2.46, 4.37]	2012 2015 2019 2019	
4.5.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =5.25, df=3 Test for overall effect: Z=9.37 (10 9 26 14 59	216 355 805 304 1,680	7.9% 7.2% 20.3% 11.6% 46.9%	3.32 [1.58, 6.98] 5.44 [2.61, 11.32] 5.04 [3.26, 7.81] 2.18 [1.13, 4.22] 4.11 [3.06, 5.53]	2012 2015 2017 2019	 •
Total (95% Cl) Total events Heterogeneity: Chi ² =22.30, df= Test for overall effect: Z=12.39 Test for subgroup differences: C	427 7 (<i>p</i> =0.002 (<i>p</i> <0.0000	3,077); I ² =69% 1)	125 28) 1 ² -13 5	·	100.0%	3.67 [2.99, 4.51]		0.01 0.1 Favours (TAVI) Favours (SAVR)
F Study or subgroup	Events	TAVI Total		AVR Total	Weight	Odds ratio M-H, Fixed, 95% Cl	Year	Odds ratio M-H, Fixed, 95% Cl
4.6.1 RCT Thyregod 2015 Mack 2019 Popma 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =2.35, df=2 Test for overall effect: Z=1.27 (8 11 28 47 (<i>p</i> =0.31);	142 496 725 1,363	2 7 24 33	134 454 678 1,266	4.2% 15.6% 52.0% 71.9%	3.94 [0.82, 18.90] 1.45 [0.56, 3.77] 1.09 [0.63, 1.91] 1.34 [0.85, 2.10]	2015 2019 2019	
4.6.2 PSM Schymik 2015 Rosato 2016 Frerker 2017 Virtanen 2019 Subtotal (95% CI) Total events Heterogeneity: Chi ² =6.99, df=3 Test for overall effect: Z=8.14 (0 0 6 7 13	216 355 805 304 1,680	1.0% 1.0% 12.2% 13.9% 28.1%	52.59 [3.17, 871.58) 54.86 [3.33, 904.70] 9.77 [4.18, 22.81] 4.14 [1.77, 9.65] 10.08 [5.78, 17.59]	2015 2016 2017 2019	
Total (95% CI) Total events Heterogeneity: Chi ² =34.81, df= Test for overall effect: Z=8.09 (Test for subgroup differences: C	177 6 (<i>p</i> <0.000 <i>p</i> <0.00001)	3,043 (01); I ² =833		2,946 =96.7%	100.0%	3.80 [2.75, 5.25]		0.01 0.1 1 10 100 Favours (TAVI) Favours (SAVR)

Figure 3 (cont'd). Periprocedural complications. Forest plots of the odds ratio for periprocedural CVA (A), MI (B), major bleeding (C), AKI (D), PMI (E), and vascular complications (F) after TAVI versus SAVR in low-risk patients. AKI: acute kidney injury; CVA: cerebrovascular accident; MI: myocardial infarction; PMI: pacemaker implantation; SAVR: surgical aortic valve replacement; TAVI: transcatheter aortic valve implantation

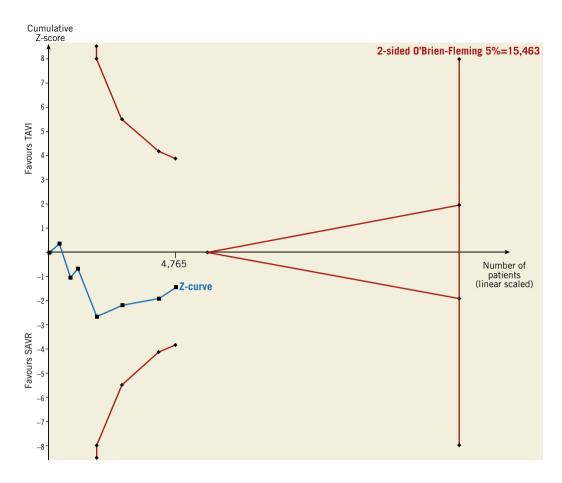


Figure 4. Trial sequential analysis for longest available (median two years) mortality.

respectively, while PSM studies suggested better results for SAVR at both one year and a median of two years.

– Our trial sequential analysis suggests that more data are needed in order to draw definitive conclusions regarding the differences in mortality between TAVI and SAVR in low surgical risk patients.

Throughout the rapid expansion of TAVI volumes over the recent decade, the surgical risk profile of real-world patients has been lower than that of those included in the randomised trials on whom the formal practice guideline recommendations are based. For example, a report from a national registry in Germany recently showed that, between 2012 and 2014, 85% of severe AS patients who were at intermediate surgical risk were treated by TAVI²⁶. Likewise, the median STS score of patients undergoing TAVI in the USA between 2012 and 2015 was in the intermediate-risk category (6.5)⁶, while the first large-scale RCT of TAVI versus SAVR in intermediate-risk patients was only published in 2016⁴, and the first reference to TAVI as an alternative to SAVR in patients who are not at high surgical risk in the ESC guidelines was only published during 2017²⁷. The same is true for low surgical risk patients, with registry reports on this patient population dating back to 2015²⁴, while the first large-scale RCTs were only published in 2019^{8,9}, and current guidelines do not yet consider TAVI suitable for low surgical risk patients. In such settings, a meta-analysis is important, as it provides physicians with the most comprehensive data regarding the balance between TAVI and SAVR and can include data from both RCTs and real-world patients. The last point is significant since, although RCTs are considered the best source of scientific data to guide clinical practice, they carry an inherent selection bias¹¹. Therefore, it is important to see whether their results are consistent with those of real-world patients and, if that is not the case, consider the reasons for this discrepancy.

The current meta-analysis represents a significant improvement in the quality of data compared to our previous publication on the same subject⁷. First, the sample size is much larger (6,124 compared to 3,484 patients) and, more importantly, the percentage of patients enrolled in RCTs is much more significant (45%).

When we compare the results regarding mortality, the periprocedural mortality is lower than previously reported (1.4% and 2.1% compared to 2.2% and 2.6% for TAVI and SAVR, respectively), with a 32% reduction in mortality with TAVI at 30 days. For oneyear mortality and beyond (up to a median of two years), there seems to be a discrepancy between the RCT and PSM studies. It seemed that results in the RCTs favoured TAVI while those of the PSM studies favoured SAVR (**Figure 2B, Figure 2C**). The most likely explanation for these results is the difference between the PSM and RCT studies regarding the era in TAVI evolution they represent: while practically all of the patients included in the RCT group were treated during 2016-2017, the PSM studies included patients who underwent TAVI during 2008-2012. During this time gap, much progress was made in all aspects of TAVI. First and foremost, newer-generation TAVI devices have become the standard of care and replaced first-generation devices. However, numerous other aspects regarding TAVI have changed as well: more experience has been gained in the assessment, triage, preparation and periprocedural management of patients, as well as in performing the TAVI procedures. The use of cardiac computed tomography (CT) for preprocedural planning has become the standard of care, delivery sheath sizes have been reduced leading to a decrease in the use of non-femoral access, conscious sedation has become the standard of care rather than general anaesthesia, and clinical pathways for earlier mobilisation and discharge have been developed and implemented. This explanation is also supported by some of the results regarding periprocedural complications. Looking at vascular complications (Figure 3F), although overall the risk for vascular complications is higher in TAVI compared to SAVR, this was driven solely by the PSM studies, while in the RCTs (whose participants were treated using smaller sheaths and were all assessed by CT to assess the optimal access), the risk for vascular complications was not statistically significant between TAVI and SAVR. Looking at the risk for PMI (Figure 3E), although in both groups the risk was much greater with TAVI, the odds ratio was 21% lower in the RCTs compared to PSM studies. Again, this is probably related to the better understanding of the pathophysiologic mechanisms of conduction abnormalities post TAVI and possible strategies to mitigate them that accumulated with more clinical and research experience concerning this issue²⁸.

If we examine the data on periprocedural outcomes, it seems that the less invasive nature and shorter admission associated with TAVI may be of great benefit for low-risk patients (significant reductions in mortality, CVA, AKI and bleeding). In the current analysis, these benefits did not translate into mortality benefits at longer follow-ups, but it should be noted that the one-year and beyond mortality analyses were dominated by PSM studies, so longer follow-up data from the large RCTs^{8,9} are required to examine whether these short-term benefits eventually translate into long-term benefits as well.

These results, although only hypothesis-generating, can be viewed as a tell-tale sign that the iterations in TAVI devices as well as more experience in the care of TAVI patients accumulated over the past decade do result in improved outcomes for TAVI patients compared to the past. Whether this improvement will eventually sway the balance between TAVI and SAVR towards the transcatheter approach in patients at low surgical risk still requires more evidence.

Limitations

Our study has several limitations. First, we did not have access to individual patient data and could not present subgroup analysis according to access site or device type for the PSM studies, which may have different risk/benefit profiles (subgroup analysis for the RCTs has been presented by Siontis et al¹⁰). Second, the currently accepted risk scores for TAVI are actually based on historical SAVR patients and may not be able to describe the risks involved with TAVI accurately, causing misclassification of patient risk. Third, it should also be remembered that the latest two low-risk RCTs^{8,9} included only patients who were very good candidates for TAVI (femoral access, high coronaries, no severe valve calcifications, etc.) and thus the results may not reflect the balance between TAVI and SAVR in real-world low surgical risk patients appropriately. Fourth, the follow-up period in the studies included in this meta-analysis (median two years) is insufficient to assess long-term differences between TAVI and SAVR, especially in low-risk patients whose life expectancy post TAVI/SAVR is expected to be longer than the average TAVI patient in current clinical practice. Fifth, three of the studies did not use the VARC/ VARC-2 definitions for the secondary outcomes. Finally, some additional issues that are beyond the scope of this meta-analysis need to be taken into account when choosing between TAVI and SAVR. Long-term prosthetic valve durability, an issue on which data are still limited²⁹, is of vital importance for low-risk patients. The cost-effectiveness of TAVI as opposed to SAVR will also need to undergo extensive scrutiny before expanding TAVI indications to include low-risk patients - a change that will have wide-scale economic implications in countries with predominantly public healthcare systems.

Conclusions

The currently available data suggest that for low-risk patients TAVI is associated with a trend towards improved periprocedural mortality and CVA compared to SAVR, and is equivalent to SAVR in terms of mortality for up to a median follow-up of two years. The current evidence base is still insufficient to derive definitive conclusions. Longer follow-up data from the published low-risk TAVI RCTs and data from those still underway (the NOTION 2 trial - NCT02825134) are required before TAVI can be routinely considered an alternative for SAVR in low-risk severe AS patients.

Impact on daily practice

Our results suggest that TAVI should not be *a priori* denied to patients who are at low surgical risk for SAVR, something which should be reflected by the major cardiology practice guidelines. Until more definitive data on the balance between TAVI and SAVR in this patient population are available, Heart Team discussions concerning the optimal management of lowrisk patients with severe AS must consider the remaining limitations of TAVI and make judicious, evidence-based decisions for individual patients.

Conflict of interest statement

The authors have no conflicts of interest to declare.

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Supplementary data

Supplementary Figure 1. Assessment of risk of bias for the studies included in the meta-analysis.

Supplementary Table 1. Characteristics of studies included in the meta-analysis.

Supplementary Table 2. Baseline characteristics of patients included in the meta-analysis.

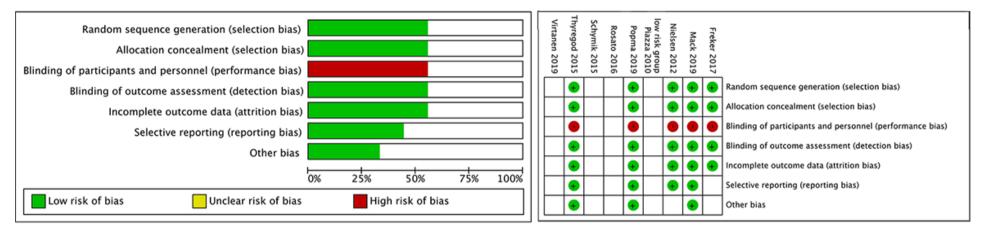
Supplementary Table 3. Summary of periprocedural complications.

The supplementary data are published online at: https://eurointervention.pcronline.com/ doi/10.4244/EIJ-D-19-00663



Supplementary data

A- Randomised studies.



B- Propensity score-matched studies (Newcastle-Ottawa scale).

		Selectio	n		Comparability	Outcome			Overall
	Representativeness of exposed cohort	Selection of non- exposed cohort	Ascertainment of exposure	Demonstration that outcome	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow- up of cohorts	Total score
	of exposed conort	exposed conort	of exposure	of interest was not present at start of study	controlled for confounders	outcome	outcomes to occur	up of conorts	score
Schymik	1	1	1	1	2	1	1	1	9
Rosato	1	1	1	1	2	1	1	1	9
Frerker	1	0	1	1	2	1	0	1	7
Piazza	1	1	1	1	2	1	1	1	9
Virtanen	1	1	1	1	2	1	1	1	9

Supplementary Figure 1. Assessment of risk of bias for the studies included in the meta-analysis.

Study	Publication year	Design	Sample size	Follow-up	STS (mean)	EuroSCORE (mean)
Nielsen et al ¹⁸	2012	RCT	TAVI-34	3 months	3.1	9.4
			SAVR-36		3.4	10.3
Thyregod et al ¹⁹	2015	RCT	TAVI-142	5 years	2.9	8.4
			SAVR-134		3.1	8.9
Mack et al ⁸	2019	RCT	TAVI-496	1 year	1.9	
			SAVR-454			
Popma et al ⁹	2019	RCT	TAVI-725	2 years	1.9	
			SAVR-678			
Piazza et al ²²	2013	PSM	TAVI-191	1 year	<4*	
			SAVR-191		<4*	
Schymik et al ²⁴	2015	PSM	TAVI-216	3 years	-	8.7
			SAVR-216			8.8
Rosato et al ²³	2016	PSM	TAVI-355	3 years	-	6.3
			SAVR-355			6.3
Frerker et al ²¹	2017	PSM	TAVI-805	In hospital	-	6.8
			SAVR-805			4.2
Virtanen et al ²⁵	2019	PSM	TAVI-304	3 years	2.1	2.6
			SAVR-304		2.1	2.5

Supplementary Table 1. Characteristics of studies included in the meta-analysis.

PSM: propensity score matching; RCT: randomised controlled trial; SAVR: surgical aortic valve replacement; STS: Society of Thoracic Surgeons; TAVI: transcatheter aortic valve implantation

Study		Age	Pulmonary	DM	CVA	PVD	CKD ^{\$}	NYHA	EF	AVA	AVG
			disease					III-IV	(%)	(cm ²)	(mmHg)
Nielsen et al ¹⁸	TAVR	80.0±3.6	2.9%^	8.3%	2.9%	5.9%	2.9%	NA	56.5±9.7	0.66±0.17	81±26 (peak)
	SAVR	82.0±4.4	2.8%^	2.9%	2.8%	8.3%	0.0%	NA	56.3±10	0.71±0.17	66±23 (peak)
Thyregod et al ¹⁹	TAVR	79.2±4.9	11.7%	17.9%	16.6%	4.1%	1.4%	48.7%	NA	NA	NA
	SAVR	79.0±4.7	11.9%	20.7%	16.3%	6.7%	0.7%	45.5%	NA	NA	NA
Mack et al ⁸	TAVR	73.3±5.8	5.1%	31.2%	3.4%	6.9%	NA	31.2%	65.7±9	0.80±0.20	49±12 (mean)
	SAVR	73.6±6.1	6.2%	30.2%	5.1%	7.3%	NA	23.8%	66.2±8.6	0.80±0.20	48±12 (mean)
Popma et al ⁹	TAVR	74.0±5.9	15.1%	31.1%	10.1%	7.6%	NA	24.6%	61.7±7.9	0.80±0.20	47±12 (mean)
	SAVR	73.8±6.0	17.2%	30.5%	11.4%	8.5%	NA	27.9%	61.9±7.7	0.80±0.20	47±12 (mean)
Piazza et al ²²	TAVR	79.9±6.0	17.8%	27.4%	9.9%	8.2%	NA	87.1%	NA	NA	NA
	SAVR	79.4±4.8	15.8%	25.7%	7.4%	10.1%	NA	86.8%	NA	NA	NA
Schymik et al ²⁴	TAVR	78.3±5.2	9.3%	NA	2.8%	5.1%	3.2%	NA	62.2±11.3	NA	NA
	SAVR	78.2±4.6	8.8%	NA	3.7%	6.9%	3.2%	NA	62.0±10.5	NA	NA
Frerker et al ²¹	TAVR	77.5±4.4	1.7%	23.6%	4.1%	0.6%	10.6%	76.4%	NA	NA	NA
	SAVR	77.5±4.4	1.7%	23.6%	4.1%	0.6%	10.6%	76.4%	NA	NA	NA
Rosato et al ²³	TAVR	80.1±6.4	18.3%	14.9%	4.2%	10.1%	NA	50.7%	NA	0.67±0.26	53±15 (mean)
	SAVR	80.0±5.1	19.7%	16.1%	4.2%	8.7%	NA	51.3%	NA	0.71±0.25	53±15 (mean)
Virtanen et al ²⁵	TAVR	77.9±6.0	17.8%	22.4%	8.6%	NA	5.1%	1.6%(IV)	NA	NA	NA
	SAVR	78.1±4.8	19.4%	22.4%	7.9%	NA	5.0%	2.6%(IV)	NA	NA	NA

Supplementary Table 2. Baseline characteristics of patients included in the meta-analysis.

AVA: aortic valve area; AVG: aortic valve gradient; CKD: chronic kidney disease; CVA: cerebrovascular accident; DM: diabetes mellitus; EF: ejection fraction; NA: not available; NYHA: New York Heart Association; PVD: peripheral vascular disease

*the patient characteristics are reported for a PSM cohort of 405 matched pairs, the mortality data included in this meta-analysis are derived from 191 matched pairs of patients with STS score <4%. \$ definitions of CKD in each study:

[8] Creatinine >2 mg/dL, [9] Creatinine >2 mg/dL, [18] Creatinine >200 mmol/L, [19] Creatinine >2 mg/dL, [23] Creatinine >1.2 mg/dL, [24] Creatinine >200 mmol/L, [25] eGFR <30 mL/min/1.73 m².

^ definitions of pulmonary disease in each study:

[8] COPD, [9] COPD, [18] COPD, [19] chronic lung disease, [21] pulmonary disease, [22] COPD, [23] COPD requiring medication, [24] pulmonary disease, [25] pulmonary disease.

Supplementary Table 3. Summary of periprocedural complications.

	TAVI	SAVR	OR (95% CI)
CVA			
Summary	56/3,077 (1.8%)	76/2,982 (2.5%)	0.70 (0.50-1.00)
MI			
Summary	21/2,418 (0.9%)	31/2,323 (1.30%)	0.64 (0.37-1.12)
Bleeding			
Summary	103/3,077 (3.3%)	318/2,982 (10.6%)	0.28 (0.23-0.36)
AKI			
Summary	52/3,077 (1.7%)	135/2,982 (4.5%)	0.36 (0.26-0.50)
PMI			
Summary	427/3,077	125/2,982 (4.2%)	3.67 (2.99-4.51)
	(13.8%)		
Vascular complications			
Summary	177/3,043 (5.8%)	46/2,946 (1.6%)	3.80 (2.75-5.25)

AKI: acute kidney injury; CVA: cerebrovascular accident; MI: myocardial infarction; OR: odds ratio; PMI: pacemaker implantation; SAVR: surgical aortic valve replacement; TAVI: transcatheter aortic valve implantation